

Winter Travel

If you must go outside-

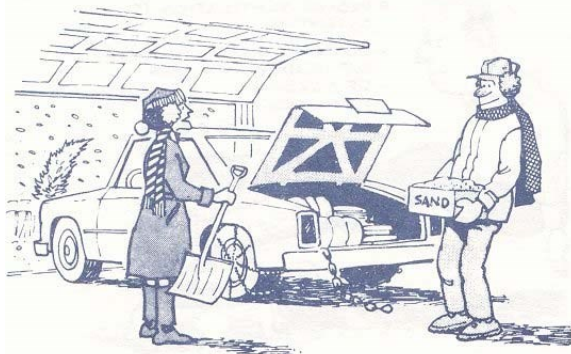
- ◆ Avoid overexertion
- ◆ Dress warmly
- ◆ Watch for frostbite
- ◆ Avoid alcoholic beverages
- ◆ Keep yourself and clothing dry
- ◆ Take extra care with elderly and infants

TRAVEL TIPS

- ◆ Check weather prior to trip
- ◆ Use your headlights
- ◆ Plan alternate routes
- ◆ Don't travel alone
- ◆ Keep gas tank full
- ◆ Drive defensively
- ◆ Carry a cell phone

DID YOU KNOW ?

IF YOU DRIVE IN SNOW, ANTICIPATE BEING MAROONED.
A WINTER STORM SURVIVAL KIT MAY SAVE YOUR LIFE.
THE WISE AVOID DRIVING DURING WINTER STORMS.



Winter Car Kit

- ◆ Warm Clothing
- ◆ Blanket or sleeping bag
- ◆ Water
- ◆ Flashlight with extra batteries
- ◆ Distress flag
- ◆ Shovel and sand
- ◆ Rain gear
- ◆ Newspaper for insulation
- ◆ Plastic bags for sanitation
- ◆ Nonperishable food
- ◆ Water
- ◆ Jumper cables
- ◆ First aid kit and medications
- ◆ Candle in a metal can for light and heat, remember to properly ventilate.

IF YOU BECOME STRANDED

- ◆ Don't panic
- ◆ Stay with your vehicle
- ◆ Display a trouble sign
- ◆ Occasionally run engine
- ◆ Use your emergency kit
- ◆ Huddle together for warmth
- ◆ Watch for frost bite
- ◆ Drink fluids
- ◆ Avoid overexertion



WINTER WEATHER Are you Prepared?



Cheyenne/Laramie County Emergency Management Agency

3962 Archer Parkway
Cheyenne, WY 82009

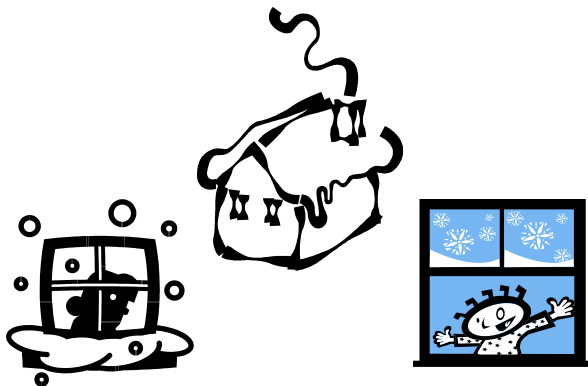
(307) 633-4336



Prepare your Home

Winter storms could isolate your home for several days. Be prepared to be without electricity and heat!

- Weather Safety Kit
- Maintain Heaters and Fireplace
- Chimneys cleaned and inspected
- Conserve
- Food supplies
- Proper clothing
- Protect your Pets
- Remove dead trees
- Clean your gutters
- Maintain adequate supply of fuel
- Fire Extinguisher
- First Aid kit
- Use caution with space heaters



Emergency Supplies Checklist

- ♦ Water
- ♦ First Aid kit
- ♦ First Aid Book
- ♦ Blankets
- ♦ Sleeping bags
- ♦ Baby supplies
- ♦ Portable radio
- ♦ Medications
- ♦ Eyeglasses
- ♦ Fire extinguisher
- ♦ Can opener
- ♦ Pet supplies
- ♦ Money
- ♦ Trash bags
- ♦ Personal care items
- ♦ Cooking supplies
- ♦ Tools
- ♦ Rope
- ♦ Duct tape
- ♦ Food: **Nonperishable food such as granola bars, dried fruit, canned food, beef jerky, baby food, special diet items**

See
www.redcross.org
Or
www.ready.gov
For complete supplies checklist
Disasters can happen anywhere at any time.
Be Prepared!

Create a Disaster Plan

- ♦ Meet with your family and discuss why you need to be prepared for disaster. Explain the dangers of fire, severe weather, and earthquakes with everyone including children. Plan to share responsibilities and work together as a team.
- ♦ Explain what to do in each case.
- ♦ Pick two places to meet:
 1. Right outside your home in a sudden emergency, like a fire.
 2. Outside your neighborhood in case you can't return home.
- ♦ Everyone must know the address and telephone number of the location you choose.
- ♦ Ask an out-of-state friend to be your "Family Contact". After a disaster, it's often easier to call long distance. Other family members should call this person and tell them where they are. Everyone must know your contact's phone number.
- ♦ Discuss what to do in an evacuation. Plan how to take care of your pets.