# LARAMIE COUNTY GOVERNMENT July 2025 – June 2026

# toto benefits guide







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This Benefits Guide is an overview of the benefits provided by Laramie County Government. It is not a Summary Plan Description or Certificate of Insurance. If a question arises about the nature and extent of your benefits under the plans and policies, or if there is a conflict between the informal language of this Benefits Guide and the contracts, the Summary Plan Description and Certificates of Insurance will govern. Please note that the benefits in your Benefits Guide are subject to change at any time. The Benefits Guide does not represent a contractual obligation on the part of Laramie County Government.

# **Enrollment Guidelines**

Welcome to the Benefits Guide for LARAMIE COUNTY GOVERNMENT. This Guide provides a quick overview of the benefits program and helps to remove confusion that sometimes surrounds Employee benefits. The benefits program was structured to provide comprehensive coverage for you and your family. Benefit programs provide a financial safety net in the event of unexpected and potentially catastrophic events.

#### ELIGIBILITY

You are eligible to enroll in the medical benefits program if you are a full-time employee working 30 or more hours per week or part-time employee working 20 or more hours per week. Benefits for newly hired employees will take effect the first of the month following the first paycheck.

Your legally recognized spouse and your married or unmarried dependent children are eligible for medical, dental, and vision coverage if less than 26 years of age.

Disabled children over age 26 may be eligible to continue benefits after approval of necessary applications.

For Dental, Vision, Life, and Supplemental Life coverages; Actively at Work Provisions apply, including dependent non-confinement.

#### **OPEN ENROLLMENT**

Open enrollment for health, dental, vision, flex, Critical Illness and Accident is once a year in the month of May and benefit elections will take effect July 1<sup>st</sup>. Participants may add or drop coverage or make changes to their coverage at this time. Late entrants (employees or dependents who apply for coverage more than 30 days after the date of individual eligibility) are also provided an opportunity to enroll for coverage during the plan's open enrollment. The elections you make stay in effect the entire plan year, unless a qualifying life event occurs. If you do not enroll for Short Term Disability when first eligible, you will need to provide evidence of insurability if you elect to enroll at a later date. Short Term Disability does not have an open enrollment period.

#### **QUALIFYING LIFE EVENTS**

Generally, you can only change your benefit elections during the annual Open Enrollment period. However, you may make changes during the plan year if you have a qualifying event.

#### Qualifying events include:

- Marriage
- Divorce
- Birth
- Adoption
- Death
- Loss of Coverage

Under the medical plan, Open Enrollment under your spouse's group plan will also be considered a qualifying event.

When you have a qualifying event, you have 30 days to log into BenefitSolver and complete your enrollment for health, dental, vision or other benefit coverages. You may be asked to provide proof of the change and/or proof of eligibility. (You have 60 days to log into BenefitSolver and complete your enrollment after coverage under Medicaid or CHIP terminates.) You will find the benefit enrollment system at

https://www5.benefitsolver.com/benefits/BenefitS olverView.

# **Benefit Contacts**

#### PRIMARY POINT OF CONTACT

Blue Cross Blue Shield Wyoming	Medical Plan	(800) 211-2966 www.yourwyoblue.com
OTHER CONTACTS		
Prime Therapeutics	Prescription Benefit Manager	(877) 794-3574 (833) 599-0448 ESI Home Delivery (833) 599-0512 Specialty Pharmacy <u>www.MyPrime.com</u>
Telemedicine Vendor	MDLive	MDLive – (888) 995-9630 www.mdlive.com/bcbswyo
Delta Dental of Wyoming	Dental	(800) 735-3379 www.deltadentalwy.org
VSP	Vision	(800) 877-7195 <u>www.vsp.com</u>
Rocky Mountain Reserve	Flexible Spending Account	(888) 722-1223 www.RockyMountainReserve.com
L.I.F.E. Wellness Program	Wellness Program	(307) 633-4573 julie.fornwalt@laramiecountywy.gov
The Hartford	Life and AD&D Short-Term Disability Critical Care Plan Accident Plan	(800) 523-2233
Prudential (NCPERS)	Group Decreasing Term Life Insurance	(800) 525-8056
Mines and Associates	Employee Assistance Program (EAP)	(800) 873-7138 www.MINESandAssociates.com
Wyoming Retirement System	Pension Plan	(307) 777-7691
Wyoming Retirement System	Deferred Compensation Plans	(307) 777-7691
Laramie County Government	Heather Rudy Director of Human Resources Julie Fornwalt HR Generalist Jessica Bennetts HR Assistant Erin Andrews Communications and Staffing Specialist	Heather – (307) 633-4355 <u>heather.rudy@laramiecountywy.gov</u> Julie – (307) 633-4573 <u>julie.fornwalt@laramiecountywy.gov</u> Jessica – (307) 633-4465 <u>Jessica.Bennetts@laramiecountywy.gov</u> Erin – (307) 633-4579 <u>erin.andrews@laramiecountywy.gov</u>

# **Glossary Of Terms**

The following terms will help you better understand your benefits.

**Co-pay:** A Copay is the portion of the Covered Expense that is your responsibility, as shown in the Medical Schedule of Benefits. A Copay is applied for each occurrence of such covered medical service and is not applied toward satisfaction of the Deductible.

**Deductible:** A Deductible is the total amount of eligible expenses as shown in the Medical Schedule of Benefits, which must be Incurred by you during any Calendar Year before Covered Expenses are payable under the Plan.

**Coinsurance:** Coinsurance is the percentage of eligible expenses the Plan and the Covered Person are required to pay.

**Out-of-Pocket Maximum (OOPM):** An Out-of-Pocket Maximum is the maximum amount you and/or all of your family members will pay for eligible expenses Incurred during a Calendar Year before the percentage payable under the Plan increases to 100%.

**PPO (Preferred Provider Organization):** This type of plan utilizes in-network and out-of-network benefits.

**In-Network:** The Plan offers a broad network of providers and provides the highest level of benefits when Covered Persons utilize "in-network" providers. These networks will be indicated on your Plan identification card.

**Out-of-Network:** Any non-contracted providers. The services from these providers are subject to balance billing, meaning members can be billed for the difference between the insurance carrier's fee schedule and the billed charges.



# **Full-Time Employee Premiums**

Employee Contributions Per Pay Check (24 pay period deductions) Effective June 1, 2025

BCBSWY MEDICAL PLAN	WELLNESS PROGRAM PREMIUM PAID BY EMPLOYEE	NON-WELLNESS PROGRAM PREMIUM PAID BY EMPLOYEE
Employee Only	\$79.06	\$135.53
Employee & Spouse	\$156.88	\$268.94
Employee & Children	\$133.51	\$228.88
Family	\$195.83	\$335.71

DENTAL PLAN THROUGH DELTA DENTAL	PREMIUM PAID BY EMPLOYEE
Employee Only	\$2.84
Employee & Spouse	\$6.09
Employee & Children	\$6.94
Family	\$9.35

VISION PLAN THROUGH VSP	PREMIUM PAID BY EMPLOYEE
Employee Only	\$6.56
Employee & Spouse	\$10.49
Employee & Children	\$10.71
Family	\$17.27

# **Part-Time Employee Premiums**

Employee Contributions Per Pay Check (24 pay period deductions) Effective June 1, 2025

BCBSWY MEDICAL PLAN	WELLNESS PROGRAM PREMIUM PAID BY EMPLOYEE	NON-WELLNESS PROGRAM PREMIUM PAID BY EMPLOYEE
Employee Only	\$282.36	\$338.83
Employee & Spouse	\$560.30	\$672.36
Employee & Children	\$476.84	\$572.21
Family	\$699.40	\$839.28

DENTAL PLAN THROUGH DELTA DENTAL	PREMIUM PAID BY EMPLOYEE
Employee Only	\$12.08
Employee & Spouse	\$25.93
Employee & Children	\$29.54
Family	\$39.84

VISION PLAN THROUGH VSP	PREMIUM PAID BY EMPLOYEE
Employee Only	\$6.56
Employee & Spouse	\$10.49
Employee & Children	\$10.71
Family	\$17.27

# L.I.F.E. (Life Improvement For Employees) Wellness Program

We're all worried about the high cost of health care, but together, in a partnership between Laramie County Government and the County employees, we can do something about this significant problem. The County is strongly committed to the health of County employees, and as a result we have a wellness program to help achieve better health and keep it. For a small investment of your time, you could save up to \$3,357 per year on your health insurance premiums.

# Participation Requirements: Preliminary Steps (within 30 days of Hire or within 30 days of new wellness year)

- Blood work (cholesterol/glucose)
- Health Assessment

# There is no fee to participate in this program!

**Reward**: Employees that participate in the program will receive a discount from the 2025/2026 health insurance premium (see Wellness Program Participant Rates on page 6 & 7**).** 

#### QUARTERLY GOALS

(To be submitted by September 30th, December 31st, March 31st and June 30th)

Choose three of the following to complete your participation each quarter:

- ✓ Set up your BCBS Portal
- ✓ Go to BCBS Wellness Tab and review Preventive Care List
- ✓ Get a dental cleaning (can only use twice per plan year)
- $\checkmark$  Get a vision exam (can only use twice per plan year)
- ✓ Get a preventative screening
- ✓ Keep an exercise log or a food log for at least 30 days
- ✓ Attend a Wellness Class (financial, health, mental)
- ✓ Watch a wellness related video
- ✓ Read a wellness related article
- ✓ Be tobacco free for 30 days (for tobacco users only)
- ✓ If you are participating in a health-related activity that is not listed, please contact HR for potential credit.

Failure to complete the primary steps and/or the quarterly goals by the established deadline may result in repayment of the discount received.

# **Medical Benefits**

Laramie County Government offers medical benefits through Blue Cross Blue Shield. This medical plan balances affordability with the freedom to go outside the network. You may choose an in- network or a out-of-network provider. Network providers have agreed to provide services at a discounted fee. For out-of-network care, you are responsible for charges above the in-network allowance for the same services, in addition to the deductible and coinsurance. To find a network provider, visit <u>www.yourwyoblue.com</u>.

BENEFIT	IN-NETWORK	OUT-OF-NETWORK Benefits will be paid up to the Allowed Amount
Deductible	\$1,000/single \$3,000/family	\$2,500/single \$5,000/family
Out-of-Pocket Max (Includes deductible and copays)	\$3,500/single \$7,000/family	\$9,000/single \$18,000/family
Accident Benefit	0% Deductible and Coinsurance Waived up to \$1,500 per Year	0% Deductible and Coinsurance Waived up to \$1,500 per Year
Preventive Care	0% Deductible Waived	Not Covered
Office Visit (PCP)	\$20 copay	40% After Deductible
Specialist Office Visit	\$30 copay	40% After Deductible
Urgent Care	\$20 copay	40% After Deductible
Telehealth Visits through MDLive	\$0 сорау	N/A
Diagnostic Lab/X-ray	20% After Deductible	40% After Deductible
Imaging (CT/PET scans: MRI's)	20% After Deductible	40% After Deductible
Inpatient & Outpatient Hospital	20% After Deductible	40% After Deductible
Maternity <ul> <li>Prenatal</li> <li>Delivery and All Inpatient Services</li> </ul>	0% (Deductible Waived) 20% After Deductible	40% After Deductible 40% After Deductible
Mental Health/Substance Abuse Inpatient	20% After Deductible	40% After Deductible
Mental Health/Substance Abuse Outpatient	\$20 copay for a PCP \$30 copay for a Specialist	40% After Deductible
Telehealth visits through <b>MDLive</b> for Behavioral Health	\$0 copay	N/A

# **Medical Benefits (Continued)**

	MEDICAL PLAN (CON'T)		
BENEFIT	IN-NETWORK	OUT-OF-NETWORK	
Emergency Room – True	\$250 copay for ER Visit / 20% all other services		
Emergency			
Emergency Room – NON-	\$250 Copay for ER Visit and Physician, all	40% After Deductible	
Emergency	other services 20%		
Emergency Transport/Ambulance	20% After Deductible	20% After Deductible	
Outpatient Surgery	20% After Deductible	40% After Deductible	
Physical Therapy	\$30 copay	40% After Deductible	
Combined 60 visit maximum per year			
Chiropractic / Spinal Manipulation	\$30 copay	40% After Deductible	
• 15 visit maximum per year			
Prescriptions			
Retail – 30-day supply			
Generic	\$10 copay Ded Waived	Not covered	
Preferred	\$35 copay Ded Waived	Not covered	
Non-Preferred	\$60 copay Ded Waived	Not covered	
Specialty	\$100 copay Ded Waived	Not	
		Covered	
Retail and Mail Order –			
90-day supply Generic	3 times retail Ded Waived	Not covered	
Preferred	3 times retail Ded Waived	Not covered	
Non-Preferred	3 times retail Ded Waived	Not covered	
Specialty	Not Available	Not	
		Covered	

#### What you pay and what the plan pays

The above Summary of Benefits shows how much you pay for care, and how much the plan pays. It's a brief listing of what is included in your benefits plan. For more detailed information, see your summary plan description.

NOTE: Family deductible and out-of-pocket amounts are embedded. This means an individual would not pay more than the individual deductible/out-of-pocket amounts. In-Network and Out-of-Network deductible and out-of-pocket amounts do not cross accumulate. This means the amount applied for In- network only applies toward your In-Network deductible and out-of-pocket and out-of-pocket and the amount applied for out-of-network providers only applies toward your Out-of-Network deductible and out-of-pocket.

# Paydhealth

# Select Drugs and Products<sup>™</sup> Program

The Plan's Select Drugs and Products<sup>™</sup> Program allows you to take an active role in helping the Plan reduce your costs, while allowing the Plan to continue to offer generous healthcare benefits to all Participants. The Plan is sponsoring this program at no cost to you. If you are prescribed a drug included on the Paydhealth Select Drugs and Products<sup>™</sup> List, you must enroll in the Program to comply with benefit requirements.

# Plan Members Taking Specialty Drugs - 1 - 2 - 3

Paydhealth will initiate outreach to you by text message or phone call.

Complete the digital enrollment application which will allow Paydhealth to match you to alternate funding programs. Note: you may be asked to provide household size and income information.

Your Paydhealth Case Coordinator will coordinate with the you and the pharmacy to ensure you are able to get your medication in a timely manner.

A Case Coordinator is available (8:00 am to 8:00 pm CST) to guide you through the enrollment process and the program. Please respond to calls from your Case Coordinator in a timely manner.

This program keeps your application confidential and will not share your information with any 3rd party solicitors. If you would like to complete your application over the phone or speak with a Paydhealth Case Coordinator, please call (877) 869-7772. Common questions and answers about your Plan's Select Drugs and Products™ Program on the other side of this

#### There are two reasons why you are receiving this important message:



1

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2

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Your Plan has added an important program that includes the Paydhealth Select Drugs and Products<sup>\*\*</sup> List\*.



Your Plan is continuing to offer generous specialty drug benefits while attempting to reduce your costs and the Plan's.

\*The Paydhealth Select Drugs and Products" List includes drugs typically prescribed by a specialist for multiple scierosis, hepatitis C, Crohn's disease, hemophilia, cancer, psoriasis, rheumatoid arthritis, transplants, HIV/AIDS, and other complex conditions.

#### How It Works

#### What is the Select Drugs and Product<sup>™</sup> Program?

The Select Drugs and Products<sup>™</sup> Program provides advocacy services to assist you by identifying and facilitating your enrollment in programs that may reduce or eliminate your out-of-pocket costs for eligible specialty drugs, products, and services. A Case Coordinator will contact you to guide you through the program. The Plan continues to offer generous healthcare benefits but needs your help to continue to meet this goal. Your active role in helping the Plan reduce its costs and yours is important. The Plan is sponsoring this program at no cost to you. However, you may be required to pay a portion of the cost to acquire your specialty drug, product or service depending on specific situations.

# What is the Enrollment Requirement for the Select Drugs and Products™ Program?

The Plan requires you to enroll in the Select Drugs and Products<sup>™</sup> Program by following the three-step process outlined above, that starts with a response to texts or calls from the Paydhealth Case Coordinator in a timely

#### What happens after I enroll in the Select Drugs and Products™ Program?

After enrolling in the Select Drugs and Products<sup>™</sup> Program, you will be asked to complete certain documentation related to the alternate funding programs identified by your Case Coordinator. This will include providing required documents and information to the alternate funding program from you and may require your prescriber's participation as well. Your timely responses will help you avoid any delays in processing your documentation.

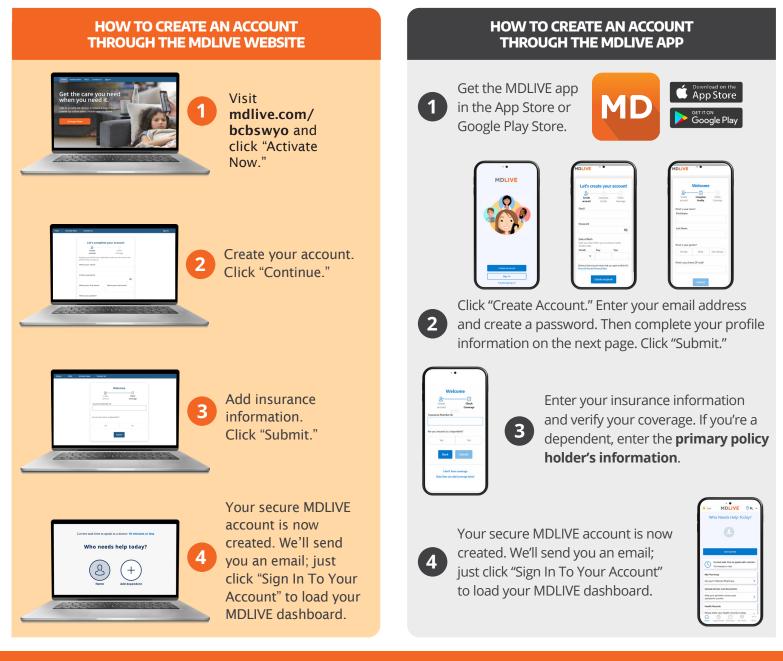
Your Case Coordinator will help you obtain your eligible specialty drugs, products or services and reduce your out-ofpocket costs by coordinating alternative forms of funding. After your acceptance into an alternate funding program, your Case Coordinator will contact you before and after each refill to ensure there is no disruption in your treatment and the funding.



# **MDLIVE**<sup>®</sup>

# Create an account for fast, hassle-free health care. Anytime. Anywhere.

MDLIVE offers reliable 24/7 health care by phone or video for hundreds of medical and mental health needs.



Meet Sophie, your MDLIVE personal assistant. Sophie can guide you in creating your account. Text BCBSWYO to 635483

#### Create your account today. mdlive.com/bcbswyo 888.994.6607

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Blue Cross Blue Shield of Wyoming is an independent licensee of the Blue Cross Blue Shield Association. MDLIVE is an independent company providing telehealth services to BCBSWY members.





Care that delivers proven, nationally scaled access to behavioral health services across the broadest range of needs.

MDLIVE Behavioral Health offers an experience more like an in-office, face-to-face therapy visit than other teletherapy providers. And unlike many of their platforms, the MDLIVE experience is based on talk therapy rather than text or in-app chat interactions, fostering stronger patient-provider relationships and resulting in more meaningful interactions and improved outcomes.



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#### PROVEN

We deliver proven scale, outcomes, and affordability — and back it up with value-based care arrangements.



Our high-quality provider network, easy-to-use single platform, and consumer expertise create industryleading patient satisfaction.

#### INNOVATIVE

We innovate where it matters to deliver best-in-class core virtual care solutions.







# MDLIVE BEHAVIORAL HEALTH ADVANTAGES

- MDLIVE Behavioral Health is more like in-office, face-to-face visits than other teletherapy providers leading to more substantial interactions between patient and provider. In fact, 78% of patients suffering from anxiety or depression felt better after three sessions with an MDLIVE therapist.<sup>1</sup>
- Appointments with MDLIVE board-certified psychiatrists and licensed therapists happen quicker than traditional office visits. Patients can be seen in as little as five days or less versus the national average of three weeks. Evening and weekend appointments increase access and improve patient satisfaction.
- MDLIVE teletherapy offers privacy and the convenience of sessions in a patient's own home these virtual appointments close gaps in care for those who don't have easy access to inperson therapy.
  - Our provider network is comprised of over 900 board-certified psychiatrists and licensed therapists available in all 50 states and Puerto Rico. Our providers have an average of 10 years of clinical experience and receive additional specialized, ongoing training in telehealth modalities. We adhere to all NCQA standards and guidelines.
  - MDLIVE solutions meet the highest standards of data and privacy protection. Our secure platform is HiTrust certified, and all our telehealth services are HIPAA compliant.

MDLIVE believes in the power of providing impactful and innovative health care to improve lives. Let's work together to deliver on that promise to your members.

#### MDLIVE PROVIDES CARE FOR HUNDREDS OF BEHAVIORAL HEALTH NEEDS, INCLUDING:

- Addictions
- LGBTQ+ Support
- AnxietyBipolar
- Management
  Trauma & PTSD

Stress

Depression

#### **PSYCHIATRY SERVICES**

- ePrescribing
- Ongoing Medication Management
- Care Coordination
- Employee Assistance Program Integration

#### PSYCHOLOGY AND COUNSELOR SERVICES

- Initial Assessment
- Ongoing Counseling
- Care Coordination
- Diagnostic Assessment

#### | www.MDLIVE.com/BCBSWYO

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<sup>1</sup> Percentage of assessed patients that showed clinical improvement in PHQ-9 or GAD-7 scores after three or more virtual therapy sessions with their MDLIVE provider in 2020. Copyright © 2022 MDLIVE, an Evernorth company. All Rights Reserved. MDLIVE Medical Group, PA and other MDLIVE related professional entities provide the clinical services made available by MDLIVE. MDLIVE Medical Group, PA and other MDLIVE related professional entities provide the clinical services made available by MDLIVE. MDLIVE Medical Group, PA and the other MDLIVE, an Evernorth company, All Rights Reserved. 120-4113-22

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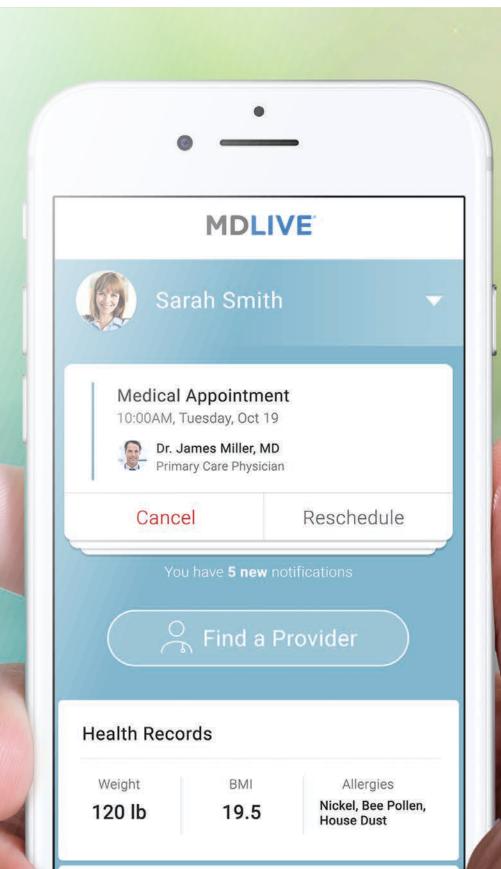
# MDLIVE®



# Download the MDLIVE Mobile App

Quality care now goes where you do.

With MDLIVE, you can visit with a doctor or counselor 24/7 from your home, office or on-the-go.



Providers

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The MDLIVE Mobile App makes connecting with doctors and behavioral health counselors fast, easy, and convenient.

# Welcome to MDLIVE! Your anytime, anywhere doctor's office.

Avoid waiting rooms and the inconvenience of going to the doctor's office. Visit a doctor or counselor by phone, secure video, or MDLIVE App. Pediatricians are available 24/7, and family members are also eligible.



U.S. board certified doctors and licensed counselors with an average of 15 years of experience.

# Your virtual doctor is here. Join for free today!

P





# Consultations are convenient, private and secure.



Prescriptions can be sent to your nearest pharmacy, if medically necessary.

# No smartphone? No worries!

Register your account using a computer or phone.



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For Laramie County Employees

# **TRAVEL MEDICAL BENEFIT**

A "travel medical benefit" is available when Laramie County Employee Members travel for medical care to a Blue Distinction Center in Colorado, Utah, or Montana, or for cancer treatment at either the Universityof Texas MD Anderson Center, the Johns Hopkins Kimmel Cancer Center in Maryland, or the Taussig Cancer Institute at the Cleveland Clinic in Ohio.

#### **Travel Benefit Steps**

1. Members should inform the Human Resources office that they are using the TRAVEL MEDICAL BENEFIT.

2. Members should confirm their eligibility by calling Blue Cross Blue Shield of Wyoming.

3. Members can find a Blue Distinction Center at <u>bcbs.com/</u> <u>why-bcbs/blue-distinction.</u>

# Centers of Excellence for CancerTreatment

1. University of Texas MD Anderson Center

www.mdanderson.org

2. Johns Hopkins Kimmel Cancer Center in Maryland <u>www.hopkinsmedicine.org</u>

3. Taussig Cancer Institute at the Cleveland Clinic in Ohio

my.clevelandclinic.org

Eligible Members may receive up to \$150 per day for: food, lodging, and travel (limited to \$2500 per benefit year per Member). Expense receipts must be submitted for reimbursement.

Some services may not be available, please refer to your benefit booklet \_\_\_\_\_ to verify and see reimbursement process.





800.873.7138 | www.MINESandAssociates.com

#### Live well, live balanced, live life



#### Counseling-

**Free and confidential counseling services** for everyday life situations including stress, anxiety, depression, family situations, drug and alcohol abuse, relationships, death and grief, and work-related topics.



#### Legal & Financial -

Practical legal and financial assistance that includes:

- Free 30-minute consult per legal/financial matter.
- 25% discount on select services after the initial consult.
- Use your EAP sessions for financial/Medicare coaching.



#### Work/Life –

**Unlimited work/life services** to help find the right service for your needs such as childcare, eldercare, and convenience services including everything from nutrition classes to finding the perfect dog walker.



#### Wellness-

No matter your wellness goals, MINES can help. You have:

- 4 professional wellness sessions with a personal coach.
- **4 sessions** of parental coaching & lactation consults.
- 6 week Virtual smoking cessation or stress reduction program.



#### Online –

Sign on to PersonalAdvantage to access:

- Online Resource Library full of articles, assessments, training, and financial tools designed to beat stress and improve work/life balance.
- **eM Life mindfulness service** for live sessions, community support, and expert instructors that can help you live a healthier, more balanced life.
- **Supportiv** for on-demand peer-to-peer small group chats tailored to bring together individuals who share similar struggles and lived experiences. All facilitated by trained moderators and available 24 hours a day!

\*Per Life Situation: A distinct, separate and new life event. A MINES case manager will review requests for additional sets of sessions. Continuation of counseling is not a separate, distinct and new life event. This guide is for informational purposes only. Call MINES for details.



#### As an employee of

— Your info

Laramie County,

you and each member of your household have up to **5 counseling sessions per life** situation\*, per year.

Digital message-based, telephonic, video, and faceto-face counseling available.

#### To Access services:

Call MINES at 1-800-873-7138

Or visit: minesandassociates.com

#### Company Code: laramie

Your company code is used to register for online services as well as complete online requests for service. Log on today to access your services and mindfulness app.

#### Free & Confidential Support 24/7



#### **\$19/MONTH**



#### DID YOU KNOW?



emergency transports are dispatched by 911 annually.\*

MASA steps in where insurance falls short by helping protect families against uncovered costs for emergency transportation.

\* National Association of EMS Officials, 2020

# **Emergent Plus membership plan**

Ensure you and your family are protected from unexpected costs when you use emergency transportation by adding MASA to your benefits.

MASA's solution is simple — with us, there is no "out-of-network." We work as a payer, not a provider. You simply call 911 when there is an emergency, and you'll never have to worry about what ambulance provider picks you up. When the ambulance bill arrives, send it to MASA. We'll advocate for you to ensure the ambulance charges are accurate and your insurance company has paid its portion; then we cover the remaining balance including your deductibles and co-pays.

#### **Plan details**

#### **Emergency Ground Ambulance Coverage**<sup>1</sup>

MASA covers out-of-pocket expenses associated with emergency ground transportation to a medical facility for serious medical emergencies deemed medically necessary for you or your dependent family member.

#### Repatriation to Hospital Near Home Transport/Facility Transfer<sup>1</sup>

MASA provides services and covers out-of-pocket expense for the coordination of the Insured and the Dependents' non-emergency transportation by a medically equipped air ambulance in the event of hospitalization more than one hundred (100) miles from the Insured's home if the treating physician and MASA's medical director says it is medically appropriate and possible to transfer the Insured to a hospital nearer to home for continued care and recuperation.

#### **Emergency Air Ambulance Coverage**<sup>1</sup>

MASA covers out-of-pocket expenses associated with emergency air transportation to a medical facility for serious medical emergencies deemed medically necessary for you or your dependent family member.

#### Hospital to Hospital Ambulance Coverage<sup>1</sup>

MASA will cover out-of-pocket expenses incurred by the Insured associated with a medically necessary hospital-to-hospital transfer by a medically-equipped ground ambulance, rotary (i.e., helicopter) or fixed-wing aircraft when ordered by the treating physician at the medical facility where the Insured is presently admitted to the nearest and most appropriate medical facility capable of providing the necessary, specialized level of care required and that is not available at the sending facility.

1: United States and Canada Only - benefits shall only be provided in the United States and Canada.

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If the insured has a high deductible health plan that is compatible with a health savings account, benefits may become available under the MASA MTS policy for expenses incurred for medical care (as defined under Internal Revenue Code ("IRC") section 213 (d)) once the Insured satisfies the applicable statutory minimum deductible under IRC section 223(c) for high-deductible health plan coverage that is compatible with a health savings account.

Maximum Benefit Amount pays a maximum of \$20,000 per occurrence for Emergency Air Ambulance and Emergency Ground Ambulance Coverage. Out-of-pocket expenses are paid for costs that remain after applying any primary insurance that needs to be paid for by the insured with personal financial resources covered explicitly under the Emergent Plus member service agreement for Hospital to Hospital coverage. Total costs are paid for Repatriation to Hospital Near Home Coverage when MASA MTS arranges the transportation service. Please refer to the Emergent Plus Transportation Services member service agreement documents for complete details.



#### \$39/MONTH



#### **DID YOU KNOW?**

**28** emergency transports are dispatched by 911 annually.<sup>-</sup>

MASA steps in where insurance falls short by helping protect families against uncovered costs for emergency transportation.

\* National Association of EMS Officials, 2020

# **Platinum membership plan**

Ensure you and your family are protected from unexpected costs when you use emergency transportation by adding MASA to your benefits. While our critical benefits are included in all core plans, Platinum offers expanded global coverage and several additional features.

MASA's solution is simple — with us, there is no "out-of-network." We work as a payer, not a provider. You simply call 911 when there is an emergency, and you'll never have to worry about what ambulance provider picks you up. When the ambulance bill arrives, send it to MASA. We'll advocate for you to ensure the ambulance charges are accurate and your insurance company has paid its portion; then we cover the remaining balance including your deductibles and co-pays.

#### **Plan details**

#### **Emergency Ground Ambulance Coverage<sup>3</sup>**

MASA covers out-of-pocket expenses associated with emergency ground transportation to a medical facility for serious medical emergencies deemed medically necessary for you or your dependent family member.

#### **Emergency Air Ambulance Coverage<sup>3</sup>**

MASA covers out-of-pocket expenses associated with emergency air transportation to a medical facility for serious medical emergencies deemed medically necessary for you or your dependent family member.

#### Repatriation to Hospital Near Home Transport/Facility Transfer<sup>1</sup>

MASA provides services and covers out-of-pocket expense for the coordination of the Insured and the Dependents' non-emergency transportation by a medically equipped air ambulance in the event of hospitalization more than one hundred (100) miles from the Insured's home if the treating physician and MASA's medical director says it is medically appropriate and possible to transfer the Insured to a hospital nearer to home for continued care and recuperation.

#### Hospital to Hospital Ambulance Coverage<sup>3</sup>

MASA will cover out-of-pocket expenses incurred by the Insured associated with a medically necessary hospital-to-hospital transfer by a medically-equipped ground ambulance, rotary (i.e., helicopter) or fixed-wing aircraft when ordered by the treating physician at the medical facility where the Insured is presently admitted to the nearest and most appropriate medical facility capable of providing the necessary, specialized level of care required and that is not available at the sending facility.

#### Patient Return Transportation Coverage<sup>1</sup>

MASA provides services and covers the out-of-pocket expenses associated with coordinating an Insured's transportation when hospitalized more than one hundred (100) miles from home, after discharge from the medical facility, by a regularly scheduled commercial airline to the commercial airport nearest the Insured's home.

#### **Companion Transportation Coverage<sup>2</sup>**

MASA provides services associated with the coordination of transportation for the Insured's spouse, other family member, or companion to accompany the Insured's emergency transport by a medically equipped, rotary (i.e., helicopter) or fixed-wing aircraft, giving due priority to the medical personnel and/or equipment and the welfare and safety of the patient.

#### Hospital Visitor Transportation Coverage<sup>2</sup>

MASA provides services and covers air transportation expenses associated with coordinating a round-trip, regularly scheduled, commercial airfare for Insured's spouse, other family member or companion to join the Insured in the event of in-patient hospitalization more than one hundred (100) statute miles from Insured's home.

#### Minor Return Transportation Coverage<sup>2</sup>

MASA provides services and covers out-of-pocket expenses associated with minor return transportation to a parent, legal guardian, or another person that can be responsible for the minor in the event that the minor is unattended as a result of Member's Emergency Air or Ground Ambulance, Hospital to Hospital Ambulance, Repatriation to Hospital Near Home, or Mortal Remains Transportation coverages. MASA also provides for a qualified attendant to accompany the minor during travel when the minor's age and/or medical condition may require such care.

#### Pet Return Transportation Coverage<sup>2</sup>

MASA provides services and covers out-of-pocket expenses for the return transportation to an Insured's home for up to two (2) pet(s) belonging to the Insured that includes either a dog, cat or other small ani mal(s). This service is available when an Insured uses Emergency Air or Ground Ambulance, Hospital to Hospital Ambulance, Repatriation to Hospital Near Home, Patient Return Transportation or Mortal Remains Transportation Coverages.

#### Vehicle & RV Return Coverage<sup>2</sup>

MASA provides services and covers the out-of-pocket expenses associated with vehicle return transportation for one (1) safe operational car, truck, van, motorcycle, travel trailer, or motor home to the Insured's home. This service is available when an Insured uses Emergency Air or Ground Ambulance, Hospital to Hospital Ambulance, Repatriation to Hospital Near Home, Patient Return Transportation or Mortal Remains Transportation Coverages. MASA pays the cost of fuel, oil and driver.

#### **Organ Retrieval Transportation Coverage**<sup>4</sup>

MASA provides services and covers air transportation expenses associated with coordinating transportation for an organ when the Insured requires an organ transplant. MASA will also provide service and cover transportation costs of Insured's spouse, other family member or a companion should the Insured need to travel to the location where the procedure will occur. If medically necessary, the organ will be transported by a medically equipped fixed-wing aircraft; otherwise , the organ is delivered by a commercial airline to the suitable airport nearest the location of the operation.

#### Mortal Remains Transportation Coverage'

MASA covers the air transportation expense for an Insured's mortal remains in the event of their death when it occurs more than one hundred (100) statute miles from home. Remains are transported by a regularly scheduled commercial airline to the commercial airport nearest a Insured 's home.

1: Worldwide Coverage - coverage shall automatically extend to the United States, Canada, Mexico, the Caribbean (excluding Cuba), the Bahamas and Bermuda (collectively, "Basic Coverage Area") (excluding countries referenced on the Office of Foreign Assets Control ("OFAC") countries, and Antarctica), and extend elsewhere contingent upon ten (10) day prior notice of such travel. Notice may be provided by (i) certified mail, return receipt requested, to the MASA Corporate office; (ii) electronic mail. Including delivery confirmation; or (iii) facsimile, including confirmation; or delivery, and the MASA's written acknowledgment. Notice must include a travel itinerary of travel destinations and dates. Unless otherwise authorized by MASA MTS in writing, worldwide coverage shall apply to up to ninety (90) days per trip.

2: Companion Transportation Coverage, Hospital Visitor Transportation Coverage, Minor Return Transportation Coverage, and Pet Return Transportation Coverage benefits shall extend to the United States, Canada, Mexico, the Caribbean (excluding Cuba), the Bahamas and Bermuda.

3: Emergency Air Ambulance Coverage, Emergency Ground Ambulance Coverage, and Hospital to Hospital Ambulance Coverage benefits shall only be provided in the United States and Canada. 4:

Organ Retrieval & Organ Recipient Transportation benefits shall only be provided in the United States

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If the insured has a high deductible health plan that is compatible with a health savings account, benefits may become available under the MASA MTS policy for expenses incurred for medical care (as defined under Internal Revenue Code ("IRC") section 213 (d)) once the Insured satisfies the applicable statutory minimum deductible under IRC section 223(c) for high-deductible health plan coverage that is compatible with a health savings account.

#### Laramie County Employees Group #1020

#### Summary of Benefits

Benefits	PPO plus Premier Network	Premier Network	Out of Network*
<ul> <li>Diagnostic &amp; Preventive Services</li> <li>✓ Routine periodic examinations, including bitewing x-rays once every six months.</li> <li>✓ Dental prophylaxis (cleaning) once every six months.</li> <li>✓ Topical fluoride applications once every twelve months. (Dependents through the end of the month in which age 19 is attained.)</li> <li>✓ Space maintainers, fixed. (Dependents through the end of the month in which age 19 is attained.)</li> <li>✓ Sealants (Dependents through the end of the month in which age 19 is attained.)</li> <li>✓ Full mouth x-rays once every three years.</li> </ul>	100%	100%	100%
Basic Services         √       Extractions and other oral surgery.         √       Amalgam, preformed crowns, synthetic porcelain, plastic, and composite restorations (fillings.)         √       Endodontics.         √       Periodontics.	90%	90%	90%
Major Services         √       Crowns when teeth cannot be restored with a filling material.         √       Prosthetics - provides bridges, partial dentures, and complete dentures.	60%	60%	60%
Orthodontic Services (Six-Month Waiting Period for New Enrollees) V For dependent children. (Under the age of 19.)	50%	50%	50%
Annual Maximum (Contract Year) √ July - June	\$2,000.00	\$2,000.00	\$2,000.00
Deductible √ Deductible does NOT apply to Diagnostic and Preventive or Orthodontic Services.	\$50 per person per contract year/\$100 per family	\$50 per person per contract year/\$100 per family	\$50 per person per contract year/\$100 per family
Orthodontic Lifetime Maximum	\$1,500.00	\$1,500.00	\$1,500.00

Your plan includes the Health through Oral Wellness program (or, HOW for short.) HOW is a unique, patient-centered program that adds additional benefits to your dental plan, based on your individual oral health needs. By having your dentist perform a simple risk assessment, you may have access to additional preventive and health-sustaining benefits.

#### The effective date of this policy is the first of the month following the date of full-time employment.

#### Dependent Eligibility: End of the month age 26 is attained.

\*Out of Network: When you receive services from non-participating dentists, you will not receive any of the advantages that our agreement offers. Non-participating dentists do not accept Delta Dental's pre-approved fees. This means <u>you are responsible</u> for any difference between their charge and what Delta Dental pays. Claims are paid to you. You are responsible for paying your dentist for claims as well as any deductible, coinsurance, or non-approved charge.

#### This is a brief description of benefits and limitations. Please see your policy booklet for full descriptions.

Delta Dental of Wyoming 6705 Faith Dr. \* P.O. Box 29 \* Cheyenne, WY 82003-0029 307-632-3313 or 1-800-735-3379



#### Delta Dental of Wyoming - PPO plus Premier

Delta Dental of Wyoming's PPO plus Premier plan allows you and your family members to visit any licensed dentist, but you will receive the greatest out-of-pocket savings if you see a Delta Dental PPO provider.

Participating providers file claims directly with Delta Dental of Wyoming and accept Delta Dental's reimbursement in full. You are responsible only for your deductible and coinsurance (as determined by your plan), as well as any charges for non-covered services.

If you choose to see an out-of-network provider, you will incur additional out-of-pocket expenses, and you will be billed the total amount the provider charges (called balance-billing). When you see a Delta Dental PPO or Premier® provider, you are protected from balance-billing for covered services.

#### Advantages of the PPO plus Premier network

#### Savings:

Delta Dental PPO Providers offer our Subscribers & Dependents the greatest savings.

#### Choice:

Delta Dental of Wyoming's PPO plus Premier network allows you to choose to visit a PPO Dentist or a Premier Dentist. If you choose to visit a Premier provider you will still save money because Premier providers also accept discounted fees, however discounts are not as great as if you see a PPO provider.

#### Network:

The Delta Dental of Wyoming PPO plus Premier dual network has over 101 PPO providers and 302 Premier providers across the state of Wyoming. Nationwide there are over 100,000 PPO providers and 152,000 Premier providers in the two networks.

#### Looking for a dentist? Concerned about costs? PPO providers offer you the greatest savings.

Benefit illustration only. Example assumes deductible has been met.				
	Greatest Savings Least Savings			
	Protected from	balance-billing	Not protected from balance-billing	
Network	Delta Dental PPO Provider	Delta Dental Premier Provider	Out-of-Network Provider	
Procedure Cost	\$275	\$275	\$275	
Maximum Provider Can Charge Patient	\$220	\$250	Unlimited	
Maximum Provider Can Charge Insurance (MPA)*	\$220	\$250	\$190	
Benefit Percentage	80%	80%	80%	
Delta Dental Pays	\$176	\$200	\$152	
You Pay	( \$44 )	\$50	\$123	

\*The maximum a provider can charge your insurance company for covered services is called the Maximum Plan Allowance (MPA). The MPA for an out-of-network provider is always lower than innetwork MPA. Delta Dental pays a portion of the MPA only, which exposes you to balance-billing from an out-of-network provider.





# Here's [HOW] you can maximize your oral health at no additional cost

A healthy mouth is a vital part of your overall health, and Delta Dental of Wyoming cares about yours. That's why we're introducing Health *through* Oral Wellness® (or, HOW® for short). HOW is a unique, patient-centered program that adds additional benefits to your dental plan, based on your individual oral health needs. By having your dentist perform a simple risk assessment, you may have access to additional preventive and health-sustaining benefits.

## HOW TO GET STARTED:



*First,* simply request an Oral Health Risk Assessment at the beginning of your dental visit.

\*Dentists can choose whether to participate with the HOW program.



*Second,* if you qualify based on your results, Delta Dental of Wyoming will release, or "unlock" specific additional benefits.

#### BELOW ARE JUST SOME OF THE BENEFITS THAT MAY BE COVERED BASED ON RISK SCORES

Additional Cleanings Additional Sealants (child and adult) Fluoride (child and adult) Periodontal Maintenance (gum disease treatment) Tobacco Cessation Counseling

If you have questions or would like to contact us for more information about the new Health *through* Oral Wellness program, please contact us by phone at (307) 632-3313 or toll-free at (800) 735-3379 or by email at customerservice@deltadentalwy.org.

All enhanced benefits are subject to the patient meeting their plan's annual maximum and other limitations. A risk assessment must be performed at least once every 12 months. Enhanced benefits and standard policy requirements, including coinsurance percentages, copayments and plan maximums, may be subject to changes.

#### Your VSP Vision Benefits Summary

Laramie County Government and VSP provide you with an affordable vision plan.

**PROVIDER NETWORK:** 

**EFFECTIVE DATE:** 

VSP Choice

07/01/2024



BENEFIT	DESCRIPTION	COPAY	FREQUENCY	
Your Coverage with a VSP Provider				
WELLVISION EXAM	<ul><li>Focuses on your eyes and overall wellness</li><li>Routine retinal screening</li></ul>	\$10 Up to \$39	Every 12months	
ESSENTIAL MEDICAL EYE CARE	<ul> <li>Retinal imaging for members with diabetes covered-in-full</li> <li>Additional exams and services beyond routine care to treat immediate issues from pink eye to sudden changes in vision or to monitor ongoing conditions such as dry eye, diabetic eye disease, glaucoma, and more.</li> <li>Coordination with your medical coverage may apply. Ask your VSP network doctor for details.</li> </ul>	\$20 per exam	Available as needed	
PRESCRIPTION GLASSE	s	\$25	See frame and lenses	
FRAME*	<ul> <li>\$220 Enhanced Featured Frame Brands allowance</li> <li>\$200 frame allowance</li> <li>20% savings on the amount over your allowance</li> <li>\$200 Walmart/Sam's Club frame allowance</li> <li>\$110 Costco frame allowance</li> </ul>	Included in Prescription Glasses	Every 12months	
LENSES	<ul> <li>Single vision, lined bifocal, and lined trifocal lenses</li> <li>Impact-resistant lenses for dependent children</li> </ul>	Included in Prescription Glasses	Every 12months	
LENS ENHANCEMENTS	<ul> <li>Standard progressive lenses</li> <li>Premium progressive lenses</li> <li>Custom progressive lenses</li> <li>Average savings of 30% on other lens enhancements</li> </ul>	\$0 \$95 - \$105 \$150 - \$175	Every 12months	
CONTACTS (INSTEAD OF GLASSES)	<ul> <li>\$130 allowance for contacts; copay does not apply</li> <li>Contact lens exam (fitting and evaluation)</li> </ul>	Up to \$60	Every 12months	
VSP LIGHTCARE***	<ul> <li>\$200 allowance for ready-made non-prescription sunglasses, or ready-made non-prescription blue light filtering glasses, instead of prescription glasses or contacts</li> </ul>	\$25	Every 12months	
<ul> <li>Glasses and Sunglasses</li> <li>Discover all current eyewear offers and savings at vsp.com/offers.</li> <li>20% savings on unlimited additional pairs of prescription or non-prescription glasses/sunglasses, including lens enhancements, from aVSP provider within 12months of your last WellVisionExam.</li> </ul>				
ADDITIONAL SAVINGS	Laser Vision Correction     Average of 15% off the regular price; discounts available at contracted facilities.			
<ul> <li>Exclusive Member Extras for VSP Members</li> <li>Contact lens rebates, lens satisfaction guarantees, and more offers at vsp.com/offers.</li> <li>Save up to 60% on digital hearing aids with TruHearing®. Visit vsp.com/offers/special-offers/hearing-aids for details.</li> <li>Enjoy everyday savings on health, wellness, and more with VSP Simple Values.</li> </ul>				

#### YOUR COVERAGE GOES FURTHER IN-NETWORK

With so many in-network choices, VSP makes it easy to get the most out of your benefits. You'll have access to preferred private practice, retail, and online in-network choices. Log in to <u>vsp.com</u> to find an in-network provider.

Create an account on VSP.com to view your in-network coverage, download coupons, and find the VSP network doctor who's right for you. You can investigate prior appointments and services provided. Print a Vision ID card - if you'd like one, although ID cards are not necessary.

#### SHOP ONLINE AND CONNECT YOUR BENEFITS:

EYECONiC Eyeconic®is the preferred VSP online retailer where you can shop in-network with your vision benefits. See your savings in real time when you shop over 70 brands of contacts, eyeglasses, and sunglasses.

**PREMIER PROGRAM** Maximize your coverage with bonus offers and additional savings that are exclusive to Premier Program locations (located on www.vsp.com)

Savings based on doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Ask your VSP network doctor for more details. +Coverage with aretail chain may be different or not apply.

VSP guarantees member satisfaction from VSP providers only. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business. TruHearing is not available directly from VSP in the states of California and Washington. Premier Edge is not available for some members in the state of Texas. 25

To learn about your privacy rights and how your protected health information may be used, see the VSP Notice of Privacy Practices on usp.com.

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VSP, Eyeconic, and WellVision Exam are registered trademarks, and VSP LightCare and VSP Premier Edge are trademarks of Vision Service Plan. Flexon and Dragon are registered trademarks of Marchon Eyewear, Inc. All other brands or marks are the property of their respective owners. 102898 VCCM

<sup>†</sup>Only available to VSP members with applicable plan benefits. Frame brands and promotions are subject to change.

# Put your eyes at ease with VSP LightCare

#### Why UV and Blue Light Coverage?

Even if you don't wear prescription glasses, an annual eye exam is an easy and cost-effective way to take care of your eyes and overall health.

With VSP LightCare<sup>™</sup>, you can use your frame and lens benefit to get non-prescription eyewear from your VSP® network doctor. Sunglasses or blue light filtering glasses may be just what you're looking for.

#### **KEEP YOUR EYES PROTECTED OUTDOORS AND IN:**

Always wear sunglasses outdoors. Protect your eyes from the sun's ultraviolet rays that can damage your corneas and cause eye-related diseases like cataracts. 100% UVA and UVB protection is the best choice for your sunglasses.<sup>2</sup> Wear blue light filtering glasses indoors to combat digital eye strain. Digital screens and fluorescent lighting emit blue light that can contribute headaches, blurred vision, and sore eyes—all possible symptoms of digital eye strain.

#### PROVIDER CHOICES YOU WANT

The VSP Premier Program includes thousands of **private practice doctors** and more than 700 **Visionworks® retail locations** nationwide.



#### Prefer to shop online?

At **eyeconic.com**<sup>®</sup>, you'll be shopping at the preferred online retailer for VSP members where you can connect and use your benefits.<sup>3</sup>

# vision care

Your VSP LightCare Coverage with a VSP Network Doctor\*

#### Eye Exam

A fully covered comprehensive WellVision Exam®:

#### Eyewear

Visit a VSP network doctor and choose either prescription eyewear coverage, or use your frame and lens allowance toward ready-to-wear:

- non-prescription sunglasses or
- non-prescription blue light filtering glasses

\*Register and log in to vsp.com to review your benefit information. Based on applicable laws; benefits may vary by location.

#### Questions? vsp.com |800.877.7195

1.Less any applicable copay 2. Tips for Choosing the Best Sunglasses, American Academy of Ophthalmology, June 2021 3. To find out whether your employer participates in Eyeconic®, log in to vsp.com to check your vision benefits.

# **TruHearing Hearing Aid Discount Program**

VSP® Vision Care members can save up to 60% on the latest brand-name prescription and over-the-counter hearing aids. Dependents and even extended family members are eligible for exclusive savings too.

#### Hearing loss is growing in the workplace

Like vision loss, hearing loss can have a huge impact on productivity and overall quality of life. Unfortunately, 38 million Americans need hearing aids, 70% of the people with hearing loss don't treat it, and only 30% seek treatment. And the high cost of hearing aids is amajor factor keeping people from addressing their hearing loss.

Ninety-six percent of customers surveyed would recommend TruHearing to their friends and family.<sup>2</sup>

#### More than just great pricing

TruHearing also provides members with:

- One year of follow-up visits for fittings, adjustments, and cleanings
- A 60-day trial
- Three-year manufacturer warranty for repairs and one-time loss and damage replacement
- 80 free batteries per hearing aid on all non-rechargeable aids

#### Plus, members get:

- Access to anational network of more than 7,000 hearing healthcare providers
- Straightforward, nationally fixed pricing on awide selection of ٠ the latest brand-name hearing aids
- High-quality, low-cost batteries delivered to your door

Best of all, if your organization already offers a hearing aid allowance, members can combine it with TruHearing prices to reduce their out-of-pocket expense even more!

Over-the-counter hearing aids are also available through phone or online orders.3





#### Here's how it works:

#### Contact TruHearing.

Members and their family call 877.396.7194 and mention VSP.

#### Schedule exam.

TruHearing will answer questions and schedule ahearing exam with a local provider.

#### Attend appointment.

The provider will perform ahearing exam, make a recommendation, order the hearing aids through TruHearing, and fit them for you.

#### Learn more about this VSP Exclusive Member Extra at truhearing.com/vsp or call 877.396.7194 with questions.

1. Kochkin S. MarkeTrak VIII: The key influencing factors in hearing aid purchase intent. Hearing Review. 2012; 19(3):12–25. "Quantifying the Obvious: The Impact of Hearing Instruments on Quality of Life." The Hearing Review. Kochkin and Rogin. Jan 2000. 2. Based on a 2018 satisfaction study of VSP members. 3. Over-the-counter hearing aids are different from prescription hearing aids

VSP is providing information to its members, but does not offer or provide any discount hearing program. VSP makes no endorsement, representations or warranties regarding any products or services offered by TruHearing, athird-party vendor, TruHearing is not insurance and not subject to state insurance regulations. For additional information, please visit vsp.com/offers/special-offers/hearing-aids/ truhearing. For questions, contact TruHearing directly. Not available directly from VSP in the states of Washington and California.

To learn about your privacy rights and how your protected health information may be used, see the VSP. Notice of Privacy Practices on vsp.com

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# **Flexible Spending Account (FSA)**

The General-Purpose Health Flexible Spending Account allows you to set aside up to \$3,300 in pre-tax dollars to pay most out-of-pocket medical, dental or vision expenses not paid by insurance; including deductibles and copayments. Please refer to the next page for a list of eligible expenses or refer to the most recent version of IRS publication 502.

You decide how much to deposit into your account. Your election amount is evenly deducted pre-tax from your paycheck throughout the plan year. When you have an expense that qualifies, you pay using the flex debit card or pay the bill out of pocket, submit a claim, and you are reimbursed with tax-free dollars from your account.

If you don't use all the pre-tax dollars you deposited in your account(s), you will forfeit any balance in the account(s) at the end of the plan year. You have 90 days after the plan year ends to submit claims for expenses incurred during that plan year.

#### **Dependent Care Account**

The Dependent Care account allows you to set aside tax-free dollars to pay for qualified dependent care expenses, such as daycare, that you would normally pay with after-tax dollars. Qualified dependents include children under age 13 and/or dependents who are physically or mentally unable to care for themselves. If your spouse is unemployed or doing volunteer work, you cannot set up a dependent care account. You must meet the following criteria in order to set up this account:

- You and your spouse both work; OR
- You are the single head of household; OR
- Your spouse is disabled or a full-time student.

The IRS allows you to contribute the following amounts (each plan year), depending on family status:

- If you are single, the lesser of your earned income or \$5,000
- If you are married, you can contribute the lesser of
  - Your (or your spouse's) earned income
  - \$5,000 if filing jointly or \$2,500 if filing separately

Plan Year July 1, 2025 through June 30, 2026

Once Enrolled, You May Not Change Your Election

You cannot change your annual election after the beginning of the plan year. However, there are certain limited situations when you can change your elections if you have qualified change in status.

#### Flexible Spending Account – Eligible Expenses

Your Health Care Reimbursement Flexible Spending Account lets you pay for medical care expenses not covered by your insurance plan with pre-tax dollars. The expenses must be primarily to alleviate a physical or mental defect or illness and be adequately substantiated by a medical practitioner. The products and services listed on the next page are examples of medical expenses eligible for payment under your FSA, to the extent that such services are not paid by your medical and/or dental insurance plan.

#### Reimbursements

To claim reimbursements, fill out a claim form and attach any supporting information. For health care this will include receipts of the amount you paid and the date(s) on which you or a dependent received services. For dependent care this may include any contracts, letters, or receipts. You may send this information to Rocky Mountain Reserve via email, fax, or standard mail.

#### Email:

claims@rmrbenefits.com Fax: 866-557-0109 Mailing Address: PO Box 631458, Littleton, CO 80163 Website: rockymountainreserve.com

# Flexible Spending Account Eligible Expenses

#### **Eligible Expenses**

These are only examples, and this list is not all-inclusive – it only provides some of the more common expenses. Additional information is available in IRS Publication 502.

#### **Common Eligible Medical**

#### **Expenses:**

- Eyeglasses, eye exams, sunglasses
- (prescription)
- Over-the-counter drugs
- Menstrual care products
- Eye surgery
- Fertility enhancement
- **HMO** expenses
- Hearing aids, batteries, and ٠ exams
- Hospital services
- Immunizations, vaccines, flu shots (if not covered under preventive benefit)
- ٠ Laboratory fees
- LASIK eye surgery
- Medicines (prescribed) ٠
- **Obstetric services**
- ٠ Optometrist
- Orthodontia
- Prescription drugs ٠
- Psychiatric care
- ٠ Psychologist
- Speech therapy
- Stop smoking programs
- Surgery/operations
- Therapy
- Vasectomy
- Wheelchair
- X-rays

#### **Dual Purpose Expenses That Potentially Qualify:**

The expense must be for a specific medical reason and be

accompanied by a prescription.

- Vitamins
- **Supplements**
- Massage therapy
- Herbal supplements
- Natural medicines
- Aromatherapy
- Weight-loss program ٠
- Health club dues

#### Health Care Reform & **Over-the-Counter Items:**

Over-the-Counter Medicine and Drugs do not require a prescription to be eligible for reimbursement under

the plan.

- Allergy medications
- Antacids
- Anti-diarrhea medicine
- **Bug-bite medication**
- ٠ Cold medicine
- Cough drops and throat lozenges ٠
- ٠ **Diaper rash ointments**
- Hemorrhoid medication
- ٠ Incontinence supplies
- ٠ Laxatives
- Muscle/joint pain products/rubs
- Nicotine medications, gum, patches
- Pain relievers
- Sinus medications, nasal sprays, nasal strips
- Sleep aids
- Wart removal medication ٠
- Band-aids/bandages ٠
- Cold/hot packs for injuries
- Contact lens solutions •
- **Diabetic supplies**
- ٠ First aid kits
- Medical alert bracelets/necklaces
- Pregnancy test kits
- Thermometers

#### **Ineligible Expenses:**

- Cosmetic surgery
- Long term care
- Hair transplant/re-growth ٠
- Maternity clothes
- Nutritional supplements ٠
- Personal use items: such as toiletries, cotton swabs, toothbrush, toothpaste, facial care, shampoo
- Teeth whitening
- Drunk driving classes

#### **Dependent Care Eligible Expenses:**

- A dependent receiving care must be a child under the age of 13, or a tax dependent unable to provide for their own care, who resides with you. The care must be necessary for you or your spouse to be gainfully employed or to go to school. Care may be provided by anyone other than your spouse or your children under the age of 19. Expenses for schooling, kindergarten, over-night care, and nursing homes are not reimbursable. See IRS Publication 503.
- The maximum you can elect, in • a calendar year, is equal to the smallest of the following:
- \$5,000 Married and filing federal taxes jointly or a single parent
- \$2,500 Married and filing separate federal tax return
- The amount contributed year-to-date, is available for reimbursement.



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## Employer-Paid Life/AD&D effective 7/1/2025

Insured by The Hartford

LIFE				
Life Insurance Amount	\$25,000			
Reduction Schedule	By 35% at age 65, to 50% of the original amount at age 70			
Accelerated Benefit	80% is available if you are terminally ill with a life expectancy of 12 months or less			
Conversion	If your insurance reduces or ends, you may be eligible to convert your existing Life insurance to an individual life insurance policy without submitting proof of good health, as long as you apply with 30 days of termination. Portability is also available			
Additional Life Benefits	Bereavement Services, Funeral Planning Services, Free Will Preparation, Counseling Services, Travel Assistance and Identity Theft Support			
AD&D	\$25,000 - Paid in addition to benefits shown above			
Loss of Life Sight of Both Eyes Both Hands / Both Feet One Hand & One Foot Speech & Hearing in Both Ears Quadriplegia	100% of Principal Sum			
Sight of One Eye One Hand / One Foot Hemiplegia Speech or Hearing in Both Ears Paraplegia / Triplegia	1/2 of Principal Sum 3/4 of Principal Sum Loss of Thumb & Index Finger of Same Hand or Uniplegia pays 1/4			
Additional AD&D Benefits	Seat Belt (10% to \$10,000) / Air Bag (5% to \$5,000) Repatriation (5% of Principal Sum) Exposure & Disappearance Child Education (5% to \$5,000) / Spouse Education (5% to \$5,000) Day Care (5% to \$5,000) Rehabilitation (5% to \$5,000) Adaptive Home & Vehicle (5% to \$5,000)			
DEPENDENT LIFE	Spouse \$2,000 Children \$2,000 / Live Birth to age 26 regardless of marital status Other than newborns, deferred effective date if dependent is confined and unable to perform the normal functions of daily living.			

If you are not actively at work due to a physical or mental condition, coverage will not start until the date you are actively at work.

For dependents, other than newborns, coverage is delayed if they are confined in a facility until they are no longer confined and have engaged in normal activities and in good health for at least 15 consecutive days

# TRAVEL ASSISTANCE AND IDENTITY THEFT SUPPORT SERVICES

#### WHAT DO I DO FIRST?

In the event of a life-threatening emergency, call the local emergency authorities first to receive immediate assistance and then contact International Medical Group (IMG).

#### WHAT TO HAVE READY

- Your employer's name
- Phone number where you can be reached
- .....

(Please cut here and keep in your wallet.)

#### INTERNATIONAL MEDICAL GROUP (IMG) CONTACT INFORMATION

U.S. and Canada: 800-243-6108 (toll-free) Outside U.S.: 202-828-5885 assist@imglobal.com



# EVEN THE BEST PLANNED TRIPS CAN BE FULL OF SURPRISES

The best laid travel plans can go wrong, leaving travelers vulnerable and potentially unable to find the right help. When the unexpected happens far from home, it's important to know whom to call for assistance. If you're covered under a group policy with The Hartford, you and your family may have access to travel assistance and identity theft support services provided by International Medical Group (IMG).<sup>1</sup>

Since 1990, IMG has provided global travel assistance services to millions of customers worldwide. IMG has extensive experience handling complex and remote medical transport situations, as well as providing support for travel concerns when they arise. Their team of international, multilingual specialists are accustomed to working across time zones and with different languages and currencies. Utilizing IMG's extensive global network of medical care providers, the on-site 24/7/365 U.S.-based call center is available day or night to arrange high-quality care you can depend on.

Additionally, IMG stands ready to provide identity theft support services that include assistance on the steps to take once a theft has occurred.

#### TRAVEL EMERGENCY TRANSPORT SERVICES

IMG will provide payment for transportation expenses associated with the following services up to a \$1 million combined single limit per person. For services to be paid for by IMG, they must be contacted to approve and arrange all services in advance.<sup>2</sup>

- Medical evacuation and repatriation: IMG will arrange a medically necessary transportation to a medical facility capable of providing adequate treatment.
- **Repatriation of mortal remains:** IMG will arrange and coordinate the preparation and transportation of mortal remains to the deceased's place of residence or to the place of burial.
- **Return of dependent children:** IMG can arrange the transport of dependent children home or to the residence of a family member in the event the parent is hospitalized due to an unforeseen medical situation and the children are left unattended.
- **Return of travel companion:** If someone is hospitalized due to an unforeseen medical situation, IMG can arrange for a travel companion to accompany them on their medical evacuation or repatriation back home.
- Visit by a family member or friend: If someone is traveling alone and hospitalized due to an unforeseen medical situation and an emergency evacuation or repatriation is not imminent, IMG can arrange to bring a chosen family member or friend to their location.



Travel assistance and identity theft support services through IMG are available to eligible employees who are covered under certain group insurance policies from The Hartford. The services are also available to eligible employees' spouses and dependent children up to age 26. Identity Theft Support and Pre-Trip Services are available 24/7/365. The services listed for Travel Emergency Transport Services and Travel Medical Assistance are only available when traveling more than 100 miles from home (or while in a foreign country) and while traveling for 90 consecutive days or less.

#### TRAVEL MEDICAL ASSISTANCE

IMG will provide assistance services only for the following items:

- Medical and dental referrals: IMG provides referrals within their global medical network that includes physicians, clinics, hospitals and other healthcare providers worldwide.
- · Medical monitoring: IMG will continually monitor the medical situation until the traveler is either healthy or transferred to their home hospital. IMG medical staff review and analyze each situation to ensure quality of care.
- Pre-transport patient assessments: Prior to coordination of a medical transport such as an emergency evacuation, IMG provides an assessment to determine fitness to travel and identify any risks associated with the transfer.
- · Arrange or facilitate filling prescriptions: If a traveler requires an emergency prescription, IMG can arrange for or facilitate filling prescriptions locally.
- Replacement of medical devices and corrective lenses: IMG will arrange for the replacement of corrective lenses or medical devices if they are lost, stolen or broken during travel.
- Emergency medical payments: Upon securing payment or a guarantee to reimburse from the travelers' insurance provider, IMG will coordinate payment to the treating facility.

#### ADDITIONAL TRAVEL ASSISTANCE SERVICES

IMG will provide assistance services only for the following items:

- Pre-trip and cultural information: IMG can provide certain country-specific information such as travel advisories, passport and visa information, general info on local customs and more.
- Lost luggage assistance: If luggage is lost, IMG can communicate with commercial flight carriers to coordinate the return of lost luggage and file the requisite reports.
- · Lost document assistance: When a passport, visa, or other crucial document is lost during travel, IMG can provide support on the next steps to obtain emergency replacements.
- Legal referrals: IMG can provide the contact information for local attorneys.

- Emergency cash: If a traveler's money is lost or stolen, this service provides for the coordination of a cash advance through Western Union.
- Pet and vehicle return: IMG will assist with returning a pet home or returning a rented vehicle in the event of an emergency while traveling.

#### **IDENTITY THEFT SUPPORT SERVICES**

#### IMG will provide assistance services only for the following items:

- Education: Assistance to help prevent theft and support on the steps to take following theft.
- Credit bureau notification: Assistance notifying all three major credit reporting agencies to obtain a copy of your credit report and place an alert on your records.
- Credit information review: Assistance to review your credit information and history over the phone to determine if fraud or theft has occurred.
- · Identity theft affidavit: Assistance with completing an identity theft affidavit and direction on who to send it to.
- Card replacement: Assistance replacing credit, debit and membership cards.
- Translation services: Assistance when you're overseas and need help communicating with the local police to file a report of an identity theft incident.

(Please cut here and keep in your wallet.)

The Hartford Financial Services Group, Inc., (NYSE: HIG) operates through its subsidiaries, including Hartford Life and Accident Insurance Company, under the brand name, The Hartford®, and is headquartered at One Hartford Plaza, Hartford, CT 06155. For additional details, please read The Hartford's legal notice at www.TheHartford.com. © 2022 The Hartford

Travel Assistance and Identity Theft Support Services are provided by International Medical Group (IMG). IMG is not affiliated with The Hartford None of the services provided by IMG as a part of the Travel Assistance and Identity Theft Support services are insurance.



This card is not proof of insurance.

If travel asistance is needed, please contact IMG at 800-243-6108 (U.S. only) or 202-828-5885 (Outside U.S.) or assist@imglobal.com.

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<sup>1</sup> Travel Assistance and Identity Theft Support Services are provided by International Medical Group (IMG). IMG is not affiliated with The Hartford. None of the services provided by IMG as a part of the Travel Assistance and Identity Theft Support services are insurance. Services may vary and may not be available in all states. Conditions may exist that render services difficult or impossible to provide. The Hartford is not responsible and assumes no liability for the goods and services described in this material and reserves the right to discontinue any of these services at any time.

<sup>2</sup> IMG will provide payment for third-party transport expenses related to a qualified medical evacuation or repatriation, return of dependent children, return of travel companion, return of mortal remains, or visit of a family member or friend. Payment will be limited to \$1,000,000 combined single limit per person; however, any non-transport related expenses, such as medical expenses, related to these services is the responsibility of the traveler. IMG will not provide evacuation services if the transport is not medically advisable or necessary or if the injury or illness can be treated locally. All emergency medical transport services must be arranged by IMG-designated personnel to be eligible for services under this program. No payment for reimbursement of services not approved by IMG in advance will be accepted. 1269304 04/22



Business Insurance Employee Benefits Auto Home

# Voluntary Group Decreasing Term Life Insurance

Underwritten By Prudential

#### **Employee Paid**

This voluntary employee paid benefit, which pays your beneficiary a maximum benefit amount in your younger years and gradually decreasing benefit amount in your older years, will help give you peace of mind for your family's well being.

#### **Schedule of Benefits - \$16 Monthly Contribution**

EMPLOYEE			DEPENDENTS		
Employee's Age at Time of Claim	Group Term Life	Group Accidental Death & Dismemberment	Total Benefit For Accidental Death	Group Term Life Spouse	Child(ren)*
Less than 25	\$225,000	\$100,000	\$325,000	\$20,000	\$4,000
25-29	\$170,000	\$100,000	\$270,000	\$20,000	\$4,000
30-39	\$100,000	\$100,000	\$200,000	\$20,000	\$4,000
40-44	\$65,000	\$100,000	\$165,000	\$18,000	\$4,000
45-49	\$40,000	\$100,000	\$140,000	\$15,000	\$4,000
50-54	\$30,000	\$100,000	\$130,000	\$10,000	\$4,000
55-59	\$18,000	\$100,000	\$118,000	\$7,000	\$4,000
60-64	\$12,000	\$100,000	\$112,000	\$5,000	\$4,000
65 and over	\$7,500	\$7,500	\$15,000	\$4,000	\$4,000

Payment Examples:

1. If an insured member age 38 dies of natural causes, the beneficiary would receive \$100,000. If death is due to a covered accident, \$200,000 would be payable.

2. If the spouse or domestic partner of a 42-year old member dies, the member would receive \$18,000.

3. If a dependent child less than age 25 dies, the payment to the member would be \$4,000.

\*Unmarried children up to age 26 are covered, including adopted children, stepchildren, and foster children who depend on you for support. Dependents in the military service are not eligible.

Please note: insurance coverage for a child will not end at age 26 if the child is then mentally or physically incapable of earning a living and meets the definition of Qualified Dependents.

#### GROUP SHORT-TERM DISABILITY INSURANCE BENEFIT HIGHLIGHTS



#### **Laramie County**

A disability can happen to anyone. A back injury, pregnancy, or serious illness can lead to months without a regular paycheck. If you're unable to work for a short period of time due to a non-work- related condition, illness or injury, short-term disability insurance offers financial protection by paying you a portion of your earnings.

#### **COVERAGE INFORMATION**

BENEFIT PERCENTAGE (PERCENT OF YOUR EARNINGS)	WEEKLY MAXIMUM	MINIMUM	SICKNESS BENEFIT STARTS	INJURY BENEFIT STARTS	BENEFIT DURATION
60%	\$2,500	\$25	On the 15 <sup>th</sup> day	On the 15 <sup>th</sup> day	11 weeks

#### ASKED & ANSWERED

#### WHO IS ELIGIBLE?

You are eligible if you are an active full- time employee who works at least 20 hours per week on a regularly scheduled basis.

#### AM I GUARANTEED COVERAGE?

If you elect coverage during your scheduled enrollment period or if this is the first time you are eligible to elect coverage, evidence of insurability is not required.

Outside your scheduled enrollment period and during a family status change period, evidence of insurability is required to elect coverage for the first time.

This coverage is subject to a pre-existing condition limitation. Please refer to the Limitations & Exclusions sheet provided with this benefit highlights sheet for more information on limitations and exclusions, such as pre-existing conditions.

#### HOW MUCH DOES IT COST AND HOW DO I PAY FOR THIS INSURANCE?

Premium is provided on the Premium Worksheet.

Premium will be automatically paid through payroll deduction, as authorized by you during the enrollment process. This ensures you don't have to worry about writing a check or missing a payment.

#### WHEN CAN I ENROLL?

You may enroll during any scheduled enrollment period, or within 31 days of the date you have a change in family status.

#### WHEN DOES THIS INSURANCE BEGIN?

Insurance will become effective in accordance with the terms of the certificate (usually the first day of the month following the date you elect coverage).

You must be actively at work with your employer on the day your coverage takes effect.

#### WHEN DOES THIS INSURANCE END?

This insurance will end when you no longer satisfy the applicable eligibility conditions, premium is unpaid, you leave your employer, or the coverage is no longer offered.

#### WHAT DOES IT MEAN TO BE DISABLED?

Disability is defined in The Hartford's certificate with your employer. Due to accidental bodily injury, sickness, mental illness, substance abuse or pregnancy you are unable to perform the essential duties of your occupation, and as a result, you are earning 20% or less of your pre-disability weekly earnings or you are able to perform some, but not all, of the essential duties of your occupation and as a result, you are earning more than 20% but less than 80% of your pre-disability weekly earnings.

#### Pre-disability earnings are defined in your policy.

1U.S. Social Security Administration Fact Sheet. Web. 14 October 2020 https://www.ssa.gov/news/press/factsheets/basicfact-alt.pdf

<sup>2</sup>Rates and/or benefits may be changed on class basis. Rates are based on the age of the insured person and increase on the policy anniversary date on or following your birthday as you enter each new age category.

#### The Buck's Got Your Back ®

The Hartford® is The Hartford Financial Services Group, Inc. and its subsidiaries, including underwriting company Hartford Life and Accident Insurance Company. Home Office is Hartford, CT. All benefits are subject to the terms and conditions of the policy. Policies underwritten by the underwriting company listed above detail exclusions, limitations, reduction of benefits and terms under which the policies may be continued in force or discontinued. This Benefit Highlights document explains the general purpose of the insurance described, but in no way changes or affects the policy as actually issued. In the event of a discrepancy between this document and the policy apply. Complete details are in the Certificate of Insurance issued to each insured individual and the Master Policy as issued to the policyholder. Benefits are subject to state availability. © 2020 The Hartford.

The Hartford compensates both internal and external producers, as well as others, for the sale and service of our products. For additional information regarding Hartford's compensation practices, please review our website <a href="http://thehartford.com/group-benefits-producer-compensation">http://thehartford.com/group-benefits-producer-compensation</a>. Disability Form Series includes GBD-1000, GBD-1200, or state equivalent.

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#### GROUP SHORT TERM DISABILITY INSURANCE LIMITATIONS AND EXCLUSIONS GENERAL EXCLUSIONS

- You must be under the regular care of a physician to receive benefits.
- You cannot receive disability insurance benefit payments for disabilities that are caused or contributed to by:
- War or act of war (declared or not)
- The commission of, or attempt to commit a felony
- An intentionally self-inflicted injury
- Your being engaged in an illegal occupation
- Sickness or injury for which workers' compensation benefits are paid, or may be paid, if duly claimed
- Sickness or injury sustained as a result of doing any work for pay or profit for another employer, including self-employment

#### **PRE-EXISTING CONDITIONS**

- Your insurance limits the benefits you can receive for pre-existing conditions. In general, if you were diagnosed or received care for a condition before the effective date of your certificate, you will be covered for a disability due to that condition only if:
- You have not received treatment for your condition for 3 months before the effective date of your insurance, or
- You have not received treatment for your condition for 3 months after the effective date of your insurance, or
- You have been insured under this coverage for 12 months prior to your disability commencing, so you can receive benefits even if you're receiving treatment, or
- You have already satisfied the pre-existing condition requirement of your previous insurer
- If you are unable to satisfy one of the requirements above, your coverage will be limited to a maximum of 4 weeks of benefits for that disability

#### OFFSETS

- Your benefit payments will be reduced by other income you receive or are eligible to receive due to your disability, such as:
- Social Security disability insurance (please see next section for exceptions)

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THIS POLICY PROVIDES LIMITED BENEFITS FOR SPECIFIED DISEASES ONLY. This limited benefit plan (1) does not constitute major medical coverage, and (2) does not satisfy the individual mandate of the Affordable Care Act (ACA) because the coverage does not meet the requirements of minimum essential coverage. In New York: This policy provides limited benefits health insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services.

Critical Illness Form Series includes GBD-3600, GBD-3700 or state equivalent.

1Ability Assist® and HealthChampion are offered through The Hartford by ComPsych®. ComPsych is not affiliated with The Hartford and is not a provider of insurance services. The Hartford is not responsible and assumes no liability for the goods and services provided by ComPsych.

#### **GROUP VOLUNTARY ACCIDENT INSURANCE BENEFIT HIGHLIGHTS**



#### **Laramie County**

With Accident insurance, you'll receive payment(s) associated with a covered injury and related services. You can use the payment in any way you choose – from expenses not covered by your major medical plan to day-to-day costs of living such as the mortgage or your utility bills.

#### **COVERAGE INFORMATION**

This insurance provides benefits when injuries, medical treatment and/or services occur as the result of a covered accident. Unless otherwise noted, the benefit amounts payable under each plan are the same for you and your dependent(s).

PLAN INFORMATION		
Coverage Type		On and off-job (24 hour)
BENEFITS		
EMERGENCY, HOSPITAL & TREATMENT CA	ARE	
Accident Follow-Up	Up to 3 visits per accident	\$100
Acupuncture/Chiropractic Care/PT	Up to 10 visits each per accident	Up to \$75
Ambulance – Air	Once per accident	\$1,500
Ambulance – Ground	Once per accident	\$750
Blood/Plasma/Platelets	Once per accident	\$300
Child Care	Up to 30 days per accident while insured is confined	\$50
Daily Hospital Confinement	Up to 365 days per lifetime	\$250
Daily ICU Confinement	Up to 30 days per accident	\$500
Diagnostic Exam	Once per accident	\$300
Emergency Dental	Once per accident	Up to \$300
Emergency Room	Once per accident	\$150
Health Screening Benefit or Accident Prevention Benefit	Once per year for each covered person	\$50
Hospital Admission	Once per accident	\$1,500
Initial Physician Office Visit	Once per accident	\$150
Lodging	Up to 30 nights per lifetime	\$125
Medical Appliance	Once per accident	\$150
Rehabilitation Facility	Up to 15 days per lifetime	\$200
Transportation	Up to 3 trips per accident	\$400
Urgent Care	Once per accident	\$150
X-ray	Once per accident	\$100
SPECIFIED INJURY & SURGERY		·
Abdominal/Thoracic Surgery	Once per accident	\$3,000
Arthroscopic Surgery	Once per accident	\$500
Burn	Once per accident	Up to \$10,000
Burn – Skin Graft	Once per accident for third degree burn(s)	50% of burn benef
Concussion	Up to 3 per year	\$200
Dislocation	Once per joint per lifetime	Up to \$8,000
Eye Injury	Once per accident	Up to \$500

Fracture	Once per bone per accident	Up to \$8,000
Hernia Repair	Once per accident	\$500
Joint Replacement	Once per accident	\$2,500
Knee Cartilage	Once per accident	Up to \$1,000
Laceration	Once per accident	Up to \$500
Ruptured Disc	Once per accident	\$1,000
Tendon/Ligament/Rotator Cuff	Once per accident	Up to \$2,000
CATASTROPHIC		
Accidental Death	Within 90 days; Spouse @ 50% and child @ 25%	\$50,000
Common Carrier Death	Within 90 days	\$150,000
Coma	Once per accident	\$10,000
Dismemberment	Once per accident	Up to \$50,000
Home Health Care	Up to 30 days per accident	\$75
Paralysis	Once per accident	Up to \$50,000
Prosthesis	Once per accident	Up to \$3,000
FEATURES		
Organized Amateur Sports Injury Enhancement Benefit		
Ability Assist® EAP <sup>2</sup> – 24/7/365 access to help for financial, legal or emotional issues		
HealthChampion <sup>SM3</sup> – Administrative & clinical support following serious illness or injury		

#### PREMIUMS

The amounts shown are semi-monthly amounts (24 payments/deductions per year):4

COVERAGE TIER	
Employee Only	<b>\$3.88</b> (\$0.26 per day)
Employee & Spouse	<b>\$6.12</b> (\$0.40 per day)
Employee & Child(ren)	<b>\$6.58</b> (\$0.43 per day)
Employee & Family	<b>\$10.31</b> (\$0.68 per day)

#### **ASKED & ANSWERED**

#### WHO IS ELIGIBLE?

You are eligible for this insurance if you are an active full-time employee who works at least 20 hours per week on a regularly scheduled basis.

Your spouse and child(ren) are also eligible for coverage. Any child(ren) must be under age 26.

#### AM I GUARANTEED COVERAGE?

This insurance is guaranteed issue coverage – it is available without having to provide information about your or your family's health. All you have to do is elect the coverage to become insured.

#### HOW MUCH DOES IT COST AND HOW DO I PAY FOR THIS INSURANCE?

Premiums are provided above. You may elect insurance for you only, or for you and your dependent(s), by choosing the applicable coverage tier.

Premiums will be automatically paid through payroll deduction, as authorized by you during the enrollment process. This ensures you don't have to worry about writing a check or missing a payment.

#### WHEN CAN I ENROLL?

You may enroll during any scheduled enrollment period.

#### WHEN DOES THIS INSURANCE BEGIN?

Insurance will become effective in accordance with the terms of the certificate (usually the first day of the month following the date you elect coverage).

You must be actively at work with your employer on the day your coverage takes effect. Your spouse and child(ren) must be performing normal activities and not be confined (at home or in a hospital/care facility).

#### **GROUP CRITICAL ILLNESS INSURANCE BENEFIT HIGHLIGHTS**

Underwritten by Hartford Life and Accident Insurance Company

For Employee of:

#### LARAMIE COUNTY (Policyholder)

THE HARTFORD

Facing a serious illness at any age can be challenging – physically, emotionally and financially. Primary health insurance may pick up some or most of the tab but can still leave medical and other recovery expenses that add up quickly. **Critical Illness insurance can provide a lump-sum cash benefit upon diagnosis of a covered illness that can be used however you choose.** 

#### **CLASS & POLICY INFORMATION**

Eligible Class(es): All Eligible Employees

Policy Situs/Issue State: Wyoming	Policy Number: VCI-926444
Policy Effective Date: July 1, 2025	Policy Anniversary: July 1

#### ELIGIBILITY & ENROLLMENT INFORMATION (Additional conditions may apply as described in the Certificate.)

	To be eligible for coverage, an Employee must be performing the normal duties of their
Employee	regular job for the policyholder for 20 or more hours each week and be receiving
	compensation from the policyholder for work performed.
	Dependent(s) must be able to perform normal and customary activities and not be
Dependent(s)	confined (at home or in any medical facility) to be eligible for coverage. In addition,
	Dependent Child(ren) must be under age 26, unless otherwise allowed by the policy.
	An Employee may enroll for coverage for the Employee and any Dependent(s) within 31
	days following the day the Employee or Dependent(s) first become(s) eligible for coverage
New Hire Enrollment	under the Policy. If an Employee does not elect coverage during the Employee's or
	Dependent's initial enrollment period, future enrollment may only occur as provided in
	the Changes in Coverage provision of the Certificate.
	An Employee may enroll for coverage for the Employee and any desired Dependent(s)
Ongoing Enrollment	within an Annual Enrollment Period specified by the Policyholder or during an Additional
	Enrollment Event.

#### **COVERAGE ELECTION & AMOUNT(S)**

In order to be insured under the Policy an Employee must elect coverage for themself and any Dependent(s). The Employee is required to pay premium for the coverage elected. Payment of premium does not guarantee eligibility for coverage.

All Coverage Amount(s) are Guaranteed Issue.

Employee	Choice of \$5,000 to \$30,000 in increments of \$5,000
Spouse	100% of the Employee's elected Coverage Amount, if elected
Dependent Child(ren)	50% of the Employee's elected Coverage Amount (per child)

#### **CRITICAL ILLNESS BENEFITS**

All Critical Illness Benefits are subject to all of the applicable Definitions, Additional Requirements, maximums, limitations, Exclusions and other provisions of the Policy. The amounts shown below may be adjusted or reduced based on other benefits payable or previously paid under the Policy.

All **Initial Occurrence Benefit Amounts** are a percentage of the applicable Coverage Amount in effect for a Covered Person at the time of Diagnosis of a Critical Illness, unless otherwise stated as a specific dollar amount. All **Reoccurrence Benefit Amounts** are a percentage of the Initial Occurrence Benefit Amount for the applicable Critical Illness that is payable or was previously paid under the Policy for a Covered Person.

CANCER & BENIGN TUMOR CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:
Cancer (Invasive)	100%	100%
Carcinoma in Situ (Non-Invasive)	100%	100%
Skin Cancer	\$250	\$250

NEUROLOGICAL CONDITIONS CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:
Acute Respiratory Distress Syndrome (ARDS)	25%	None
End Stage Renal Disease (ESRD)	100%	None
Major Organ Failure	100%	100%
MAJOR ORGAN CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:
- Major Diagnosis	100%	100%
Abdominal Aortic Aneurysm or Thoracic Aortic Aneurysm		
Aneurysm		
Severe Stroke	100%	100%
Moderate Stroke	25%	100%
Mild Stroke	10%	100%
Stroke	100/0	10070
Major Diagnosis	100%	100%
Minor Diagnosis	10%	100%
Non-ST Segment Elevation Myocardial Infarction (NSTEMI) Coronary Artery Disease	25%	100%
ST-Segment Elevation Myocardial Infarction (STEMI)	100%	100%
Heart Attack (Myocardial Infarction)	1000/	1000/
HEART & VASCULAR CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:
Advanced Diagnosis	100%	None
Benign Brain or Spinal Cord (Intradural) Tumor		
Bone Marrow Failure	50%	None

		Denentranount
Dementia		
Advanced Diagnosis	100%	None
Parkinson's Disease		
Advanced Diagnosis	100%	None
Amyotrophic Lateral Sclerosis (ALS)		
Advanced Diagnosis	100%	None
Multiple Sclerosis (MS)		
Advanced Diagnosis	100%	None

INFECTIOUS CONDITIONS CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:
Severe Infectious Disease		
Major Diagnosis	25%	None

FUNCTIONAL LOSS & CATASTROPHIC CONDITIONS CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:
Coma	100%	100%
Loss of Hearing	100%	None
Loss of Sight	100%	None
Loss of Speech	100%	None
Permanent Paralysis	100%	None

CHILD CONDITIONS CATEGORY	Initial Occurrence Benefit Amount:	Reoccurrence Benefit Amount:			
Cerebral Palsy					
Early Diagnosis	10%	None			
Advanced Diagnosis	100%	None			
Congenital Heart Defect	100%	None			
Congenital Metabolic Disorder	100%	None			
Genetic Disorder	100%	None			
Structural Congenital Defect	100%	None			
Critical Illnesses included in the Child Conditions Category must be Diagnosed during Childhood.					

ADDITIONAL BENEFITS								
All Additional Benefits are subject to the applicable Definitions, Exclusions and other provisions of the Policy. The amounts and								
maximums shown below may be adjusted or reduced based on other benefits payable or previously paid under the Policy, as								
described in the Additional Benefit(s) ar	d General Limitation	ns & Exclusions sections	ons of this Certificate.					
Benefit:		Benefit Amount:	Benefit Maximum:					
Health Screening		\$50	Once per Policy Year					
GENERAL LIMITATIONS & EXCLUSIONS The limitations and exclusions included below apply to all benefits included in the Certificate unless otherwise noted below.								
	Please note that certain Critical Illness Benefits and Additional Benefits may have additional limitations or requirements presented in the benefit provisions and definitions of the Certificate. All limitations and exclusions are fully described in the							
Certificate.								
Unless otherwise stated in the Certificat	e. We will not pay b	enefits for any Critica	l Illness included in the Policy if a Covered					
Person was Diagnosed with such illness		-	-					
			which an Initial Occurrence Benefit is payable for a					
	Covered Person, in	order for an Initial O	ccurrence Benefit to be payable for any Related					
Related Critical Illness Limitation			he date of Diagnosis of any Related Critical Illness					
		-	e date Diagnosis for the prior Critical Illness. This					
		escribed in the Certif	icate. vhich a benefit is payable for a Covered Person, in					
Reoccurrence Benefit Separation		-	payable for that same Critical Illness, a					
Period			d of 180 days must be satisfied.					
	Each Covered Pers	on may receive multi	ple payments for Critical Illness Benefits under					
Policy Benefit Maximum		-	Maximum of 500% is reached. Any payments					
	· ·		dditional Benefit(s) do not count toward this					
Exclusions			bed in the Certificate.					
Exclusions	No benefits are payable under the Policy for any Critical Illness that results from, is caused by or that takes place during a Covered Person's:							
	<ul> <li>intentional self-inflicted illness or Injury</li> </ul>							
	<ul> <li>voluntarily taking or using any drug, narcotic, medication or sedative, unless it is:</li> </ul>							
	- taken or used as prescribed by a Physician, or							
	-taken according	to package direction	ns, for any over-the-counter drug, medication or					
	sedative							
		-	to commit a felony , voluntary participation in					
	-		anor violations), or voluntary engagement in an					
	illegal occupatio		type of penal or detention facility					
			nilitary (naval force, air force or National					
		-	rvice/training extending beyond 31 days of any					
			zation, unless specifically allowed by a provision					
	of this Certificat	_	· · · ·					
			clared war or act of war (not including acts of					
		_	ry or an auxiliary unit attached to the military, or					
	-		oluntarily or as required by an employer					
			der the Policy for any Critical Illness that results					
	trom or is caused b	by a Covered Person's	s Substance Use Disorder.					
			der the Policy for any Critical Illness for which					
	-		ates or Canada, unless the Diagnosis is confirmed					
		-	osis in such circumstances is the date the					
FEATURES	liagnosis was orig	many made outside t	he United States or Canada.					
FEATORES	You may be able to		for You and Your Dependent(s) in certain					
			Actively at Work, with payment of premium and					
Continuation of Coverage		-	able continuation option(s) are described in the					
	Certificate.							

	You or an insured Spouse, in certain circumstances, may continue coverage under the
Extended Continuation	Policy when insurance would otherwise end under the Termination of Coverage
	provision, with payment of premium and subject to certain conditions. This provision is
	fully described in the Certificate.
Ability Assist <sup>®</sup> EAP <sup>1</sup>	24/7/365 access to help for financial, legal or emotional issues
HealthChampion <sup>SM1</sup>	Administrative and clinical support following serious illness or injury

#### COVERAGE EFFECTIVE DATE (WHEN COVERAGE BEGINS)

In no event will Dependent insurance become effective before an Employee becomes insured. The Coverage Effective Date for any Employee or Dependent is subject to the Deferred Coverage Effective Date provision of the Certificate. Additional eligibility conditions may apply as described in the Certificate.
Coverage will start on the later to occur of:
• the first day of the month following the date an Employee or Dependent becomes

New Hires	eligible , if enrolled for coverage on or before that date, or
	• the first day of the month following the date an Employee or Dependent is enrolled for
	coverage
	Coverage will start on the later to occur of:
	• the Policy Anniversary on or next following the last day of an Annual Enrollment
Annual Enrollment or Additional	Period, if an Employee or Dependent is enrolled during an Annual Enrollment Period,
Enrollment Event	or
	• the first day of the month following the last day of an Additional Enrollment Event, if
	an Employee or Dependent is enrolled during an Additional Enrollment Event

#### TERMINATION OF COVERAGE (WHEN COVERAGE ENDS)

Coverage for an Employee and any Dependent(s) will end on the last day of the month during which an Employee is no longer eligible for insurance under any provision of the Policy. Coverage for a Dependent will also end on the last day of the month during which a Dependent no longer satisfies the definition of Spouse or Dependent Child(ren). Additional circumstances under which coverage will end are described in the Certificate. Termination of coverage has no effect on benefits payable for a Critical Illness that is Diagnosed or Treatment that is received while a Covered Person was insured under the Policy.

#### NOTICES

**NOTICE TO BUYER:** This is a Critical Illness insurance policy. The policy provides limited benefits payable ONLY when certain losses occur as a result of diagnosis of covered specified diseases. Benefits are supplemental and are not intended to cover all medical expenses. The policy does not constitute comprehensive health insurance coverage and does not satisfy the minimum coverage requirements of the Affordable Care Act. You should not enroll for this insurance unless you are already covered by comprehensive health insurance coverage. Persons covered under Medicaid, or an equivalent state or Title XIX program should not enroll for this insurance.

This benefit summary provides a very brief summary of the terms and conditions of the Policy. For a complete description refer to the appropriate section of the Certificate or Policy (available as noted above). In the event of a discrepancy between this document and the Policy, the terms of the Policy apply. The capitalization of a term not normally capitalized according to the rules of standard punctuation, indicates a word or phrase that is a defined term in the Certificate or refers to a specific provision contained within the Certificate or Policy. A person is not entitled to insurance because they received this benefit summary. A person is only entitled to insurance if they are eligible and insured in accordance with the terms of the Policy.

## **Contributions for Accident, Short-Term Disability, and Critical Illness Programs**

Employee Contributions Per Pay Check (24 pay period deductions) Effective June 1, 2025

ACCIDENT PROGRAM	ACCIDENT PROGRAM PREMIUM PAID BY EMPLOYEE
Employee Only	\$3.88
Employee & Spouse	\$6.12
Employee & Children	\$6.58
Family	\$10.31

SHORT-TERM DISABILITY PROGRAM	PREMIUM PAID BY EMPLOYEE PER \$10 OF WEEKLY BENEFIT
Under 25	\$0.165
25 - 29	\$0.195
30 - 34	\$0.220
35 - 39	\$0.190
40 - 44	\$0.155
45 - 49	\$0.180
50 - 54	\$0.205
55 - 59	\$0.275
60 - 64	\$0.345
65 and up	\$0.385

To calculate your semi-monthly premium amount, use the following formula.



For the Critical Illness premiums below, if you elect Spouse coverage, their benefits will be equal to the benefit the employee elects, and premium is based on the employee's age. Hence, the total premium with spouse would be 2x your rate.

COVERAGE AMOUNT			AGE 30-34	AGE 35-39	AGE 40-44	AGE 45-49	AGE 50-54	AGE 55-59	AGE 60-64	AGE 65-69	AGE 70-74	AGE 75-79	AGE 80+
\$5,000	\$0.98	\$1.18	\$1.43	\$1.78	\$2.30	\$3.35	\$4.43	\$5.75	\$7.80	\$10.48	\$13.55	\$16.98	\$20.40
\$10,000	\$1.95	\$2.35	\$2.85	\$3.55	\$4.60	\$6.70	\$8.85	\$11.50	\$15.60	\$20.95	\$27.10	\$33.95	\$40.80
\$15,000	\$2.93	\$3.53	\$4.28	\$5.33	\$6.90	\$10.05	\$13.28	\$17.25	\$23.40	\$31.43	\$40.65	\$50.93	\$61.20
\$20,000	\$3.90	\$4.70	\$5.70	\$7.10	\$9.20	\$13.40	\$17.70	\$23.00	\$31.20	\$41.90	\$54.20	\$67.90	\$81.60
\$25,000	\$4.88	\$5.88	\$7.13	\$8.88	\$11.50	\$16.75	\$22.13	\$28.75	\$39.00	\$52.38	\$67.75	\$84.88	\$102.00
\$30,000	\$5.85	\$7.05	\$8.55	\$10.65	\$13.80	\$20.10	\$26.55	\$34.50	\$46.80	\$62.85	\$81.30	\$101.85	\$122.40

# **Pension Plan**

#### Administered by Wyoming Retirement System

Once you qualify, this benefit provides a monthly income for life. Wyoming Retirement System (WRS) administers nine pension systems for different groups of public employees. Laramie County Employees participate in either the Public Employee or the Law Enforcement Pension Plan. The state laws authorizing the plan are W.S. 9-3-401 through W.S. 9-3-452 and the Retirement Board's Rules and Regulations. For additional information about the plans: http://retirement.state.wy.us/index.asp

#### Public Employee Pension Plan

<u>Eligibility for Benefit (for those hired before 09/01/2012)</u> You are eligible for full retirement after you either:

- Reach age 60 and are vested or
- Meet the requirements of the "Rule of 85", which means your age plus your years of service in WRS equal 85 or more.

#### Eligibility for Benefits (for those hired on or after 09/01/2012) You are

eligible for full retirement after you either:

- Reach age 65 and are vested or
- Meet the requirements of the "Rule of 85", which means your age plus your years of service in WRS equal 85 or more.

#### Contributions (effective 07/01/2021)

Wyoming statute requires a contribution of 18.62% of your monthly salary. All eligible employees are required to join the plan at the time of employment. Laramie County contributes 14.87% of your monthly salary toward the total contribution required. Employees are responsible for the other 3.75%.

#### Law Enforcement Pension Plan

#### **Eligibility for Benefit**

You are eligible for full retirement after you either:

- Reach age 60 and are vested or
- At any age with 20 years of service.

You are eligible for early retirement with a reduced benefit after you:

Reach age 50 and are vested

#### Contribution (Effective 7/1/2025)

Wyoming statute requires a contribution of 20.8% of your monthly salary. The County contributes 15.92% of the total contribution required and employees under the Law Enforcement plan are required to contribute 4.88%.

# **Deferred Compensation Plans**

Administered by Wyoming Retirement System

This plan helps build your own retirement nest egg. Your contributions to the Deferred Compensation Plan are voluntary and do not affect your pension benefit or your contributions to the Pension System. Laramie County does not contribute to the Deferred Compensation Plan.

Your contributions are deducted from your pay on a pre-tax basis, post-tax basis or both. There is a \$20 minimum contribution required per month, but you can contribute any dollar amount up to the IRS annual plan contribution limit. You may increase, decrease, stop or restart your contributions at any time.

For more information, please go to <a href="http://retirement.state.wy.us/">http://retirement.state.wy.us/</a>

# **Shooting Sports Complex Discount Program**

Laramie County Shooting Sports complex is a state-of-the-art public shooting facility located on 135 acres in Laramie County, Wyoming. The range includes a fifty-foot indoor pistol/small bore rifle range, 10-meter indoor air gun/archery range, 25-yard outdoor pistol range, 50-meter outdoor rifle range, a 100-yard outdoor rifle range, trap/skeet fields, an outdoor archery field and a 4D archery cinema. Future expansions will include longer outdoor rifle ranges and an indoor rifle range. The range is open to the public with walk-in rental fees. Yearly memberships are also available with no per diem charges. These options make the range an affordable choice for family recreation.

Laramie County Shooting Sports Complex also provides the Laramie County public with easily accessible facilities, modern equipment, and quality instruction to encourage family participation and fellowship in shooting sports. Laramie County Shooting Sports Complex emphasizes firearm safety, youth programs, corporate events, as well as, recreational and competitive shooting.

#### For County Employees:

- No initiation fee
- Discounted annual memberships:
  - Single \$150.00
  - Family \$200.00

# **Vacation & Sick Leave**

Vacation Leave shall be accumulated and earned by regular status employees, according to the number of hours worked in increments of 50%, 75%, and 100%, and years of continuous service. Sick leave is accumulated and earned based upon the number of hours worked.

FULL-TIME EMPLOYEES ACCRUAL BASE RATES				SHERIFF DEPUTIES	
Months of Service	Vacation Accrual per month	Sick Accrual per month	Months of Service	Vacation Accrual per month	Sick Accrual per month
0-48 months	8	10	0-48 months	8.6	10.75
49-108 months	10	10	49-108 months	10.75	10.75
109-168 months	12	10	109-168 months	12.9	10.75
169-228 months	14	10	169-228 months	15.02	10.75
229 months or more	16	10	229 months or more	17.2	10.75

PART-TIME EMPLOYEES		
Scheduled Work Hours	Vacation Accrual per month	Sick Accrual per month
160 or more hours	100% of base rate	10
120-159 hours	75% of base rate	7.5 hours
80-119 hours	50% of base rate	5 hours per month
79 or less hours	No accrual	No accrual

# 2025 Holidays

Eligible employees are granted paid holiday leave from regularly-scheduled work hours for these holidays designated by the Board of County Commissioners by the first regular meeting in December each year.

New Years Day (January 1<sup>st</sup>) Martin Luther King, Jr. Day (January 20<sup>th</sup>) President's Day (February 17<sup>th</sup>) Memorial Day (May 26<sup>th</sup>) Juneteenth (June 19<sup>th</sup>) Independence Day (July 4<sup>th</sup>) Cheyenne Day (July 23<sup>rd</sup>) (Full Day) Labor Day (September 1<sup>st</sup>) In-Service Day (October 13<sup>th</sup>) Veteran's Day (November 11<sup>th</sup>) Thanksgiving Day (November 27<sup>th</sup>) Day after Thanksgiving (November 28<sup>th</sup>) Christmas Day (December 25<sup>th</sup>) Day after Christmas (December 26<sup>th</sup>)

When a designated holiday falls on Saturday, the preceding Friday may be designated as the holiday; when a designated holiday falls on Sunday, the following Monday may be designated as the holiday. When employees, who staff 24/7 operations, are required to work on a designated holiday, they are paid for hours worked plus 8 hours of holiday pay. Public Works and EMA, due to different work hours, have a different holiday schedule for the Commissioner provided hours.

# **OTHER LEAVE BENEFITS**

- Bereavement Leave
- Voting Leave
- Jury Leave
- Military Leave

- Elected Office Leave
- Education Leave
- Inclement Weather Leave
- Flex Time







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